

# COLCHESTER PARKS & RECREATION



**RECREATION  
CENTER  
INFORMATION**



**SUMMER 2025  
ACTIVITY GUIDE  
JUNE - AUGUST**

**[colchestervt.gov/recreation](http://colchestervt.gov/recreation)  
802-264-5640**

*"Optimizing the Experience of Living"*





# GENERAL INFORMATION



## TABLE OF CONTENT

**Recreation Center** 4 - 8

**Special Events** 9

**Summer Concerts** 10 - 11

**Preschool** 12

**Camp at a Glance** 13

**Family** 14

**A.C.E.** 15 - 16

**Youth** 17 - 29

**Bayside Beach** 30

**Adults** 31 - 32

**Active Generation** 33 - 34

**Parks** 35 - 36

**Registration Form** 37

## OFFICE INFORMATION

Location: 80 Dick Mazza Drive  
Colchester, VT 05446  
Telephone: 802-264-5640  
Fax Number: 802-264-5647  
Website: colchestervt.gov  
Office Hours: Monday - Friday,  
8:00 am - 4:30 pm

## OBSERVED HOLIDAYS (OFFICE CLOSED)

May 26: Memorial Day  
July 4: 4th of July

## METHODS OF PAYMENT

We accept VISA, MASTERCARD, AMERICAN EXPRESS & DISCOVER credit cards, checks and cash. **All Credit Cards and All Online Purchases will be charged a 3% service charge.**

## PROGRAM CANCELLATIONS

Programs that do not meet the minimum number of registrations may be cancelled. Registrants will be notified by phone and will receive a full refund. Requested refunds are only available up to 10 business days prior to the start of the program with a **\$25.00** administrative fee. This applies to transfers as well. This cancellation policy does not pertain to Camps...see Camp Cancellation Policy. All cancellation request must be submitted in writing to recreation@colchestervt.gov

## CAMP CANCELLATIONS & REFUNDS (NEW POLICY)

Requested CAMP refunds: Now - May 31: 100% returned minus \$25.00 administrative fee. June 1 - 10 business days prior to the start of camp: 75% return minus \$25.00 administrative fee. This applies to transfers as well. Must be requested in writing to recreation@colchestervt.gov

## PICTURE WAIVER

By participating in a Town of Colchester Recreation program, participants may be photographed for future publications or recognition of events. By signing up for a program, you are willingly signing a waiver that grants the Colchester Recreation Department permission to use your photo to promote programs. Pictures taken may be used up to 10 years after the photo was taken. If you do not wish to have your picture taken, please notify the staff prior to the activity.

## SPECIAL NEEDS

We do our best to accommodate those with special needs. With a few exceptions, our parks and facilities comply with the Americans with Disabilities Act. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program, but are not sure about the accessibility of a facility or wish to discuss program details, please call the Recreation Department and ask us about specifics.

## NON-RESIDENTS

Non-residents may register for any programs offered, on a space available basis, on February 7, 2025.

## NON-RESIDENT SURCHARGE

\$10: Program Fee \$0-\$99  
\$20: Program Fee \$100-\$199  
\$30: Program Fee \$200+

## ONLINE REGISTRATION

Now you can register 24/7 online! Registration begins January 24 for residents at 8 am. For step by step directions, log on to our website at colchestervt.gov/recreation

## CATHY NEARY SCHOLARSHIP FUND



It is with great pride that we have named our Scholarship Fund after Cathy Neary who was our Administrative Assistant from 2005 to 2012. In 2014, Cathy lost a courageous 11 year battle with cancer. But throughout those years, she never let it change her lovely personality or her positive attitude. She was a kind and loving employee who felt that everyone, regardless of their financial situation, should experience the joy of recreation. There were many occasions that Cathy, out of her own pocket, financially assisted families who could not afford their portion of the scholarship match. Although she is no longer a physical presence in our office, her presence will continue in spirit through this scholarship fund.

# COLCHESTER PARKS & RECREATION

## “Optimizing the Experience of Living”

### PARKS & RECREATION STAFF



**Glen Cuttitta, CPRP**  
Director  
gcuttitta@colchestervt.gov  
802-264-5641



**Derek Mitchell, CPRP, CYSA**  
Assistant Director of Parks  
dmitchell@colchestervt.gov  
802-264-5642



**Jenn Turmel, CPRP, CYSA**  
Assistant Director of Recreation  
jturmel@colchestervt.gov  
802-264-5643



**Nicole Conley**  
Recreation Center Manager  
nconley@colchestervt.gov  
802-264-5644



**Jared Antoniuk**  
Program Coordinator  
jantoniuk@colchestervt.gov  
802-264-5648



**Sam Eaton**  
Recreation Coordinator  
seaton@colchestervt.gov  
802-264-5645



**Courtney Graeter**  
Recreation Coordinator  
cgraeter@colchestervt.gov  
802-264-5646



**Andrew Newton**  
Parks Manager  
anewton@colchestervt.gov  
802-497-0637



**Kevin Breen**  
Parks Maintenance I



**AJ Bushell**  
Parks Maintenance I



**Joshua Thibault**  
Parks Maintenance I

**FIND US ON THE FOLLOWING  
SOCIAL MEDIA:**  
**@colchesterrec**



### REC ADVISORY BOARD

Adriane Martin, Chair  
Dick Pecor, Vice Chair  
Jim Neary  
Scott Perren  
Ruth Blauwiekel  
Inge Schaefer

# RECREATION CENTER



**OPEN HOUSE:**  
**Date will be announced soon!**

## **2025 MEMBERSHIP RATES**

RESIDENTS	1-YEAR	3-MONTH	DAILY
ADULT (18-61)	\$600 (\$50/Mo)	\$200	\$15
SENIOR (62+)	\$504 (\$42/Mo)	\$144	\$12
FAMILY (2 Adults/2 Youth)	\$1,200 (\$100/Mo)	-	\$28
YOUTH	\$360 (\$30/Mo)	\$105	\$10
NON-RESIDENTS	1-YEAR	3-MONTH	DAILY
ADULT (18-61)	\$780 (\$65/Mo)	\$240	\$18
SENIOR (62+)	\$612 (\$51/Mo)	\$173	\$15
FAMILY (2 Adults/2 Youth)	\$1,560 (\$130/Mo)	-	\$34
YOUTH	\$432 (\$36/Mo)	\$126	\$12

## **Hours of Operation**

**Monday through Thursday: 5:30 AM – 9:00 PM**

**Friday: 5:30 AM – 8:00 PM**

**Saturday: 7:00 AM – 6:00 PM**

**Sunday: 7:00 AM – 5:00 PM**

**There are ten no cost activities on eighteen dates available in the recreation center. They can be located on pages 6,14,31,33, and 34.**

## **MEMBERSHIP INFORMATION**

**MUST COME INTO THE CENTER TO GET A MEMBERSHIP, ONLINE NOT AVAILABLE**

**Gymnasium** - The gym is available for use when programs are not scheduled or during “Open Play”. Children ages 14 and under must be accompanied by a responsible adult 18 years and older.

**Fitness Center/Track** – Members ages 15 and older are welcome to use the fitness center and indoor track during operating hours. Youth 15-17 must have a parent/guardian complete and sign all necessary paper work prior to participation.

**Fitness Studio Punch Passes/Day Pass** – There will be a variety of fitness classes offered in our studio. The monthly schedule will be posted on our website. Registration for each class can occur up to 1-week prior.

**Walking Track Membership** - Looking for a place to walk with no ice or snow? Look no further, the Recreation Center is equipped with an elevated track above the gymnasium to allow walking and running for all fitness types. The walking track membership is offered seasonally to help keep you moving during the winter months. If you are 62 and older sign up today and get moving!



# RECREATION CENTER

## SPRING PROGRAM OFFERINGS

### **PARENT AND ME OPEN GYM**

**Ages 3 - 5**

Come and join us for our open gym for parents with toddlers. This program is designed for parents and their young children to engage in physical activities in a safe and fun environment. This is a great opportunity for families to connect with other families with children the same age.

Minimum: 8, Maximum: 16.

**Facilitator:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

**3/4-3/25 TUE 12:30-1:30 p.m. \$20(R)/\$30(NR)**

### **KIDS NIGHT OUT**

**Grades 1 - 5**

Hey parents! Go enjoy a night off while your kiddos have a fun-filled evening at our Kids Night Out! Kids Night Out will be offered on various Fridays. At Kids Night Out, kids can come hang out with friends and play organized sport games in our gym, do crafts, games or other activities in our activity room and much more! We will also serve pizza for dinner! We will keep the kids active and entertained all night long, ensuring they are ready for bed when you pick them up!

Minimum: 15, Maximum: 30.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Colchester Recreation, Gym & Room

**A: 3/14 FRI 5:00-8:00 p.m. \$42(R)/\$52(NR)**

**B: 4/4 FRI 5:00-8:00 p.m. \$42(R)/\$52(NR)**

### **START SMART BASEBALL**

**Ages 3 - 5**

Start Smart Baseball is a developmentally appropriate introductory baseball program for children 3-5 years old. The program prepares children for organized tee ball, baseball and softball in a fun, non-threatening environment. Start Smart Baseball prepares children and their parents for organized baseball and softball without the threat of competition or the fear of getting hurt. Age appropriate equipment from Franklin Sports® is used in teaching throwing, catching, batting, running and agility.

Minimum: 11, Maximum: 15.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

**3/31-4/16 M&W 9:15-10:00 a.m. \$80(R)/\$90(NR)**

### **START SMART SOCCER**

**Ages 3 - 5**

This program introduces children to soccer without the threat of competition or the fear of getting hurt. This program is fully interactive as kids learn soccer skills like kicking, dribbling, trapping and throw-ins through silly games and playing with their peers and parents. Please leave other siblings at home unless supervised by another parent or family member. We ask that parents engage with us during many of our games and activities. Children receive two balls, shin guards and cones. Minimum: 11, Maximum: 15.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

**5/5-5/21 M&W 9:15-10:00 a.m. \$80(R)/\$90(NR)**

## **GYM & ACTIVITY ROOM RENTALS**

For more information or to download a rental form, log onto our website at [colchestervt.gov/recreation](http://colchestervt.gov/recreation). For inquiries pertaining to room or gym rentals you can email Jenn at [jturmel@colchestervt.gov](mailto:jturmel@colchestervt.gov)

# RECREATION CENTER

## SPRING PROGRAM OFFERINGS

### AFTERSCHOOL INDOOR SOCCER

Grades 6 - 8

Come and join us for our after school soccer program that is designed to provide students with an opportunity to engage in physical activity, develop soccer skills, and enjoy a team sport in a structured environment. Students may walk from school to the recreation center and check in with the staff member running the program. Minimum: 10, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

3/3-4/14 MON 2:15-4:00 p.m. \$35(R)/\$45(NR)

### AFTERSCHOOL BASKETBALL

Grades 3- 5 (3 weeks) & 6 - 8 (7 weeks)

Come and join us for afterschool basketball. This program is designed to help students develop their skills, stay active and enjoy the game in a fun and supportive environment. Students are able to walk from the middle school and check in with the staff member in charge of the program.

Minimum: 10, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

3/6-4/17 TH 2:15-4:00 p.m. \$35(R)/\$45(NR) (Gr.6-8)

3/19-4/2 WED 3:00-4:30 p.m. \$15(R)/\$25(NR) (Gr.3-5)

### SPRING BREAK: BASKETBALL CAMP

Grades 3 - 6

Basketball fever continues....during camp athletes will focus on ball handling, shooting, competitive play, speed and agility training along with a daily game of knock-out. Each person is working towards a similar goal and at times working together on a team with players of differing skills and talents. They will gain a deeper understanding of sportsmanship and expand their court vision.

Minimum: 20, Maximum: 30.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

4/21-4/25 M-F 12:30-4:30 p.m. \$165(R)/\$185(NR)

### 1/2 DAY SPORT, SPEED & AGILITY CLINIC

Grades 6 - 8

Looking to sharpen your athletic skills? Join us after school on Wednesday during a scheduled half day of school to come to the Recreation Center and participate in various drills, games and demonstrations. The group will meet at 1pm to change and eat a quick snack from home before hitting the gym. Whether you are working on your ability to change direction, improve balance or increase speed this is the place for you! Minimum: 12, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

A: 3/12 WED 1:00-4:00 p.m. \$32(R)/\$42(NR)

B: 4/9 WED 1:00-4:00 p.m. \$32(R)/\$42(NR)

C: 5/7 WED 1:00-4:00 p.m. \$32(R)/\$42(NR)

### ALZHEIMER'S WORKSHOPS

Ages 18+

10 Warning Signs of Alzheimer's: If you or someone you know is experiencing changes in memory, it's time to learn the facts. Knowing the warning signs can help determine if you should speak to a doctor. Early detection matters! Understanding Alzheimer's & Dementia: Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources. Minimum: 5, Maximum: 20.

**Instructor:** Jo Cotto, Alzheimer's Association

**Location:** Recreation Center, Activity Room 1

#### 10 Warning Signs of Alzheimer's

2/18 TUE 6:00-7:00 p.m. FREE

#### Understanding Alzheimer's and Dementia

3/27 TH 5:30-6:30 p.m. FREE



# RECREATION CENTER

## SPRING PROGRAM OFFERINGS

### PICK-UP MONDAY BASKETBALL

Ages 18 - 40

Kick off the start of your week right on Monday nights with other basketball enthusiasts! Community members ages 18-40 will have the opportunity to play several pick-up games throughout the night at the New Colchester Recreation Center. All skill levels are welcome. Minimum: 10, Maximum: 20.

**Facilitator:** Colchester Recreation Staff

**Location:** Recreation Center, Gymnasium

**A: 2/24-4/14 MON 6:45-8:45 p.m. \$48(R)/\$58(NR)**

**B: 4/21-6/16 MON 6:45-8:45 p.m. \$48(R)/\$58(NR)**  
(SKIP: 5/26)

### PICK-UP THURSDAY BASKETBALL

Ages 35+

It's finally here.....Adult Basketball! Join us on Thursday nights at the Colchester Recreation Center for fun, competitive pick-up games. Grab your sneakers and meet us there!

Minimum: 10, Maximum: 20.

**Facilitator:** Colchester Recreation Staff

**Location:** Recreation Center, Gymnasium

**A: 2/27-4/17 TH 6:45-8:45 p.m. \$48(R)/\$58(NR)**

**B: 4/24-6/12 TH 6:45-8:45 p.m. \$48(R)/\$58(NR)**

### ACTIVE AGING BASKETBALL

Ages 62+

Start your weekend off with a good sweat as we offer pick-up basketball to community members ages 62 and older on Friday afternoons. All skill levels are welcome and encouraged to join.

Minimum: 10, Maximum: 20.

**Facilitator:** Colchester Recreation Staff

**Location:** Recreation Center, Gymnasium

**2/28-4/18 FRI 2:00-3:30 p.m. \$40(R)/\$50(NR)**

### 3V3 BASKETBALL TOURNAMENT

Ages 18+

March Madness continues with the first ever 3 vs. 3 Basketball Tournament in the Colchester Recreation Center. Each team can have up to five players on the roster. This competitive but friendly tournament will keep the basketball spirit alive. Must be 18 years and older to play. All rules will be submitted to each team a week prior to the start of the tournament. Find your team and register today! Minimum: 16, Maximum: 28 Teams.

**Facilitator:** Colchester Recreation Staff

**Location:** Recreation Center, Gymnasium

**4/12 SAT ALL DAY \$99(R)/\$109(NR)**  
**PER TEAM**



### PICK-UP VOLLEYBALL

Ages 18+

Let's Volley! Join other volleyball fanatics on Wednesday evenings in the Colchester Recreation Center. All pick-up games will be played on two courts and will rotate accordingly so everyone can get in on the fun! Minimum: 10, Maximum: 24.

**Facilitator:** Colchester Recreation Staff

**Location:** Recreation Center, Gymnasium

**A: 2/26-4/16 WED 6:45-8:45 p.m. \$48(R)/\$58(NR)**

**B: 4/23-6/11 WED 6:45-8:45 p.m. \$48(R)/\$58(NR)**

# RECREATION CENTER

## PICKLEBALL

### PICKLEBALL SKILLS LEVELS

We use the USA Pickleball Skill Levels for our ratings. Levels are on the back of this brochure. For a Skills Assessment Sheet log onto our website and go to our pickleball page which is located under the Recreation Center tab.

#### NOW - MARCH 28

MONDAYS	10:30-12:00 p.m.	LEVEL 2.5
	12:00-1:30 p.m.	LEVEL 3.5
TUESDAYS	9:00-10:30 a.m.	LEVEL 3.0
	10:30-12:00 p.m.	LEVEL 4.0
WEDNESDAY	10:30-12:00 p.m.	LEVEL 2.5
	12:00-1:30 p.m.	LEVEL 3.5
THURSDAY	9:00-10:30 a.m.	LEVEL 3.0
	10:30-12:00 p.m.	LEVEL 4.0
FRIDAY	10:30-12:00 p.m.	LEVEL 2.5
	12:00-1:30 p.m.	LEVEL 3.5

**WALK ON/DAILY PRICE \$8.00 PER TIMESLOT**

#### BEGINNING WEEK OF MARCH 31

MONDAYS	10:30-12:00 p.m.	LEVEL 1.0-2.0
	12:00-1:30 p.m.	LEVEL 2.5
TUESDAYS	9:00-10:30 a.m.	LEVEL 3.0
	10:30-12:00 p.m.	LEVEL 3.5
WEDNESDAY	10:30-12:00 p.m.	LEVEL 4.0
	12:00-1:30 p.m.	LEVEL 4.5
THURSDAY	9:00-10:30 a.m.	LEVEL 2.5
	10:30-12:00 p.m.	LEVEL 3.0
FRIDAY	10:30-12:00 p.m.	LEVEL 3.5
	12:00-1:30 p.m.	LEVEL 4.0

B1: 3/31-5/12 (SKIP: 4/21)	MON	B2: 4/1-5/6	TUE
B3: 4/2-5/14 (SKIP: 4/23)	WED	B4: 4/3-5/8	TH
B5: 4/4-5/16 (SKIP: 4/25)	FRI		

**REGISTER ONLINE FOR A 6 WEEK SESSION  
AND TO HAVE PRIORITY FOR THAT TIME SLOT  
\$45(R)/\$48(NR)  
WALK ON/DAILY PRICE \$8.00 PER TIMESLOT IF  
SPACE ALLOWS**

### **EVENING PICKLEBALL**

**Ages 18+**

All levels welcome. Can't make it during the day, this is a fantastic opportunity for you to play pickleball with fellow pickleball enthusiasts. The evening pickleball is a 5-week session. Minimum: 8, Maximum: 24.

**Facilitator:** Colchester Recreation Staff

**Location:** Colchester Recreation Center

A:2/25-3/25	TUE	6:45-8:45 p.m.	\$45(R)/\$55(NR)
B:4/1-4/29	TUE	6:45-8:45 p.m.	\$45(R)/\$55(NR)
C:5/6-6/3	TUE	6:45-8:45 p.m.	\$45(R)/\$55(NR)



### PICKLEBALL COURT RENTALS

Can be made no further than 1-week in advance. We have 3 courts.  
Rental Fee: \$40 per hour per court

#### Hours available for Pickleball Rentals:

Monday-Friday:  
5:30 - 8:30 am  
Saturday & Sunday:  
7:00 - 9:00 am



# SPECIAL EVENTS

## EASTER EGG HUNT

**Saturday, April 19, 2025**  
**10:00 a.m. Bayside Park**

Come join the Easter Bunny for a great egg hunt. Bring a bag or basket to put your eggs and goodies in. Please park your vehicles at Colchester High School and enter the park by the softball field road off Laker Lane. Children will be separated by age groups to hunt for eggs in different areas of Bayside Park. Ages 4 & under will be at Lower Bayside Park. Ages 5 - 8 will be at Upper Bayside Park. Don't miss this great event!

Colchester Lions Club will be hosting a food drive for the Community Food Shelf. We are asking that all participants bring at least one non-perishable or canned item to the hunt.

*Sponsored by the Colchester Lions Club and Colchester Parks & Recreation.*

## 16TH ANNUAL TOUCH A TRUCK

**Saturday, May 3, 2025**  
**Colchester High School, Parking Lot**

9:00 - 10:30 a.m. (Quiet time - no sirens)

10:30 - 11:00 a.m. (Sirens may be used)

Come out and see what it's like to be in the big trucks! Children (and parents) can climb, sit and play on tractors, police cars, dump trucks, an ambulance, a school bus and a variety of other vehicles. Don't forget your cameras to capture the smile on your child's face as they sit in these neat vehicles! FREE event, rain or shine.



## 4TH OF JULY CELEBRATION

**Friday, July 4, 2025**

Fun Run: 8:00 am at UMS  
Parade: 10:00 am (Blakely Road)

### **Bayside Park:**

Concert: 6:45 - 8:45 pm "The Hitmen"  
Fireworks: Dusk, Bayside Softball Field

## CAUSEWAY RACE 5K & 10K

**Saturday, June 7, 2025**  
**8:00 a.m. at Airport Park**



Choose to run either the 5K or 10K and enjoy the scenic Colchester Causeway. This race will begin at Airport Park, following a gravel trail out onto the historic Causeway, where runners will make their way to designated turn-around points on the Causeway before returning

to the finish at Airport Park. This race will take place on flat gravel and dirt trails surrounded by diverse wetlands, scenic views and Lake Champlain. T-shirt included. Limit 200 runners for 5K, 250 for the 10K. 10K runners must be 12 years old or older. Registration only available online at [runsignup.com](https://runsignup.com). Registration opens February 1, 2025.



# SUMMER CONCERTS

## *Lower Bayside Park (Beachside)* *All Concerts begin at 6:30 p.m.*

Join us for Colchester's summertime tradition. Bring your lawn chairs, your blankets and a picnic dinner to Lower Bayside Park for our summer concert series. Enjoy great music with the beauty of Malletts Bay as your backdrop. Admission is FREE.

### **JULY 10: A HOUSE ON FIRE**



The AHOF song list is always topped off with killer, hip, recognizable, dance tunes, but there is a tremendous depth to the tune list, and to the musicianship necessary to recreate all this music convincingly. AHOF looks to have every audience dancing and partying like crazy, and every once in a while find themselves with a tear in their eye as the band brings out the emotion of the moment. With A House On Fire the accent is on making your event as fun and memorable as possible, bringing everyone together through music and celebration. Phrases like this are often loosely tossed around, but AHOF makes this their mission.

### **JULY 17: INCAHOOTS**

InCahoots is based out of Plattsburgh, New York and has been providing their audiences with a fresh new look at an American tradition, Entertainment with a smile. A four piece band consisting of John Geno - Fiddle, Guitar, Sax, Keys and Vocals; Kevin Connelly - Guitar, Keys, Harmonica and Vocals, David Long - Drums and Vocals and Ryan Finney - Bass. Playing genres of music from Charlie Daniels to AC/DC and everything in-between, InCahoots entertains with airtight harmonies, instrumentation and a beat you can really stomp your feet to.



### **JULY 24: SHE WAS RIGHT**



She Was Right is a four member band that consists of Colchester residents Jim Neary (percussion, vocals) Stewart Foster (guitar, vocals), CHS grad Cait Hoffmann (vocals) and from Monkton, Otto Funke (bass, vocals). Over the years, the band has played at numerous local venues and private gatherings, and cover acoustic songs from many artists of various decades including James Taylor, The Eagles, Bonnie Raitt, Alison Krauss and many others. With smooth guitar stylings, and Cait's beautiful voice She Was Right will engage you in an evening of music that will have you tapping your feet and singing along. As the band says, Bring your thirsty ears!



# SUMMER CONCERTS

SUMMER CONCERTS



## **JULY 31: SOULSHINE REVIVAL**

New England's Premier Allman Brothers tribute band. Soulshine Revival was initially conceived as a memorial for a fallen Veteran - a huge ABB fan that passed after a long battle with cancer. His memory lives on with us as we take the show out on the road. Based in Vermont & performing all over New England, Soulshine Revival faithfully re-creates legendary Allman Brothers live performances.



## **AUGUST 7: BAILEY'S MISTAKE**

Bailey's Mistake is a not-quite-traditional, Celtic-inspired folk band playing ancient songs of the sea, Newfoundland, Ireland, Scotland and their home state of Maine. Powered by guitar, bagpipes, bass and drums, their totally danceable music invites merry hearts to sing along and feel the power of ancient tradition as it transitions into the 21st century.



**MARK YOUR CALENDARS -  
FALL CONCERT  
FRIDAY, SEPTEMBER 12  
BAYSIDE PAVILION  
BUCK HOLLER BAND  
6:00 - 7:30 PM**



# PRESCHOOL

## PRESCHOOL

### START SMART PROGRAMS

**Ages 3 - 5 (adult must participate with child)**

A developmentally appropriate introductory program for children 3-5 years old that uses age appropriate equipment. The program prepares children for organized sports in a fun, non-threatening environment. Start Smart Soccer kids learn soccer skills like kicking, dribbling, trapping and throw-ins. Start Smart Baseball teaches throwing, catching, batting, running and agility. Start Smart Basketball participants will learn basketball related skills (dribbling, shooting, passing). All participants will receive equipment. Parents are asked to be present at all practices and participate when needed. Please leave other siblings at home. Minimum: 11, Maximum: 15.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Basketball: Recreation Center, Gym  
Soccer & Baseball: Bayside Park, near Pavilion

#### **START SMART SOCCER:**

6/10-6/26 T&TH 5:00-5:45 pm \$80(R)/\$90(NR)

#### **START SMART BASKETBALL:**

7/7-7/23 M&W 4:00-4:45 pm \$80(R)/\$90(NR)

#### **START SMART BASEBALL:**

7/29-8/14 T&TH 5:00-5:45 pm \$80(R)/\$90(NR)



### TINY TUMBLERS

**Ages 3 - 5**

Tiny Tumblers is a parent-child class that is designed for children to develop balance, gross motor skills, and peer socialization skills through games, music, and obstacle courses. This is a great opportunity for you and your child to socialize with other kids the same age. Parents are expected to assist their child during this program.

Minimum: 8, Maximum: 16.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

6/28 SAT 9:30-11:00 am \$15(R)/\$25(NR)

### PARENT AND ME OPEN GYM

**Ages 3 - 5**

Come and join us for our open gym for parents with toddlers. This program is designed for parents and their young children to engage in physical activities in a safe and fun environment. This is a great opportunity for families to connect with other families with children the same age.

Minimum: 8, Maximum: 16.

**Facilitator:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

6/24-7/15 TUE 12:30-1:30 p.m. \$20(R)/\$30(NR)

### SENSORY SANDBOX

**Ages 3 - 5**

Lets get beachy and join us for an adventure in the sand as we explore the world of kinetic sand! During this program participants will receive their very own sandbox as well as fun ocean themed sand building toys! With these tools we will have fun in the sand and explore the sensory world of kinetic sand. Participants will receive their own kinetic sand kit including a folding sandbox, 2 pounds of sand and 7 molds/tools. Minimum: 4, Maximum: 8.

**Instructor:** Parks & Recreation Staff

**Location:** Recreation Center, Activity Room 1

7/19 SAT 10:00-11:00 am \$45(R)/\$55(NR)

# CAMP AT A GLANCE

Week	Day Camps	Athletic Camps	Specialty Camps
June 16 - 20 (meals not available this week)		Studio 3 Dance & Fun A (Gr. 1-6)	
		Tennis Academy A (Gr. 1-4)	
June 23 - 27	JRX (Ages 4-Gr. 1)*	Field Hockey Camp (Gr. 2-6)	Climb & Paddle (Gr. 5-8)
	Explorer (Gr. 2 & 3)*	MBBC Sailing A (Gr. 3-10)	Colchester Olympics Camp (Gr. 4-6)*
	Xtreme (Gr. 4-6)*	Studio 3 Dance & Fun B (Gr. 1-6)	Spring into Summer (Gr. 1-3)*
		Tennis Academy B (Gr. 5-8)	Wicked Cool Vet School (Gr. 1-5)
		Volleyball Camp (Gr. 6-9 & 9-10)	
June 30 - July 3 (Mon - Thurs)	JRX (Ages 4-Gr. 1)* No 7/4	Moana & Friends Dance (Gr. 1-3)	Party in the USA (Gr. 4-6)*
	Explorer(Gr. 2 & 3)* No 7/4	One Day Adventures (Gr. 5-8)	Stars & Stripes (Gr. 1-3)*
	Xtreme (Gr. 4-6)* No 7/4		
July 7 - 11	JRX (Ages 4-Gr. 1)*	Baseball Camp (Gr. K-2 & Gr. 3-6)	Colchester Chefs Camp (Gr. 4-6)*
	Explorer (Gr. 2 & 3)*	Build a Snowman? Dance (Gr. 1-3)	Out of This World Camp (Gr. 1-3)*
	Xtreme (Gr. 4-6)*	MBBC Sailing B (Gr. 3-10)	Woods, Water & Wildlife (Gr. 5-8)
		Putt & Strike (Gr. 4-6)	
July 14 - 18	JRX (Ages 4-Gr. 1)*	Boys Lacrosse Camp (Gr. 2-5)	Crafty & Creative Camp (Gr. 1-3)*
	Explorer (Gr. 2 & 3)*	Fishing Camp A (Gr. 5-8)	Mad Scientist Camp (Gr. 4-6)*
	Xtreme (Gr. 4-6)*		Wicked Cool Minecraft Camp (Gr. 1-5)
July 21 - 25	JRX (Age 4-Gr. 1)* No 7/26	MBBC Sailing C (Gr. 3-10)	Creative Canvas Camp (Gr. 4-6)*
	Exp (Gr. 2 & 3)* No 7/26	Soccer Camp (Gr. 1-6)	Little Chefs Academy (Gr. 1-3)*
	Xtreme (Gr. 4-6)* No 7/26	Tennis Academy C (Gr. 1-4)	Touring Vermont (Gr. 3-6)
July 28 - Aug 1	JRX (Ages 4-Gr. 1)*	Basketball Camp (Gr. 5-8)	All Things POP! Camp (Gr. 4-6)*
	Explorer (Gr. 2 & 3)*	Hike & Swim (Gr. 3-5)	Brick-Mania! Camp (Gr. 1-3)*
	Xtreme (Gr. 4-6)*	Tennis Academy D (Gr. 5-8)	
August 4 - 8	JRX (Ages 4-Gr. 1)*	Fishing Camp B (Gr. 5-8)	Baking Bakers Camp (Gr. 4-6)*
	Explorer (Gr. 2 & 3)*	Football Camp (Gr. 2-8)	Under the Sea (Gr. 1-3)*
	Xtreme (Gr. 4-6)*	MBBC Sailing D (Gr. 3-10)	
		Tennis Academy E (Gr. 1-4)	
August 11 - 15	JRX (Ages 4-Gr. 1)*	Splash N'Gears (Gr. 5-8)	Lake Life Camp (Gr. 4-6)*
	Explorer (Gr. 2 & 3)*	Tennis Academy F (Gr. 5-8)	Splish Splash (Gr. 1-3)*
	Xtreme (Gr. 4-6)*		
August 18 - 22 (meals not available this week)		Studio 3 Dance & Fun C (Gr. 1-6)	Hogwarts STEAM Express (Gr. 1-5)
			Lights, Camera, Action (Gr. 5-8)

Camps with: \* indicates free lunch program is available thank you to Colchester School District Food Services

## Day Camps:

JRX: 316-9778  
Explorer: 316-2918  
Xtreme: 316-2929  
Specialty Camp: TBA  
Travel Camps: TBA  
Waterfront: TBA

## Parks & Recreation Office:

Main Line: 264-5640

## For Specific Questions:

Jared Antoniak, Athletic/Travel: 264-5648 / Cell: 713-8347  
Sam Eaton, Specialty Camp: 264-5645 / Cell: 752-9859  
Courtney Graeter, Day Camp: 264-5646 / Cell: 881-2376  
Jenn Turmel, Assistant Director: 264-5643 / Cell: 316-9097

## DON'T FORGET!

- [ ] Sunscreen
- [ ] Bug Spray
- [ ] Water Bottle
- [ ] Healthy Snacks
- [ ] Bathing Suit & Towel
- [ ] Sneakers

# FAMILY

## FAMILY MOVIE NIGHT

### Families

Join us at the Colchester Recreation Center for this free movie night. Bring your blankets and cushions and curl up on the floor for a family friendly movie. It's a great chance to bond, relax, and enjoy each other's company.

Minimum: 10, Maximum: 40 Families.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Colchester Recreation Center

3/28 FRI 5:00-7:00 p.m. FREE

## FAMILY PAINT & PLANT

### Families

Bring along your family and join us to create our own beautiful plant pots before filling them with the seeds of some beautiful plants for the summer! During this program your family will be able to actively paint your own family of terracotta plant pots, with 3 different pots provided of varying sizes. After painting them together we'll be filling them in with potting mix and seeds so you can watch them bloom on the front porch! One registration per family. Minimum: 6, Maximum: 10.

**Instructor:** Parks & Recreation Staff

**Location:** Recreation Center, Activity Room 1

6/21 SAT 2:00-3:30 pm \$50(R)/\$60(NR)



## LAWN GAME SOCIAL

### Families

Join us as a family to play all your favorite lawn games! It's a wonderful way to bond with your family over some fun games for all age levels! There will be multiple games to choose from that you can play together as a family all while having a good time and creating long lasting memories. Get the family all together for the day and come and enjoy some lawn games! Minimum: 6, Maximum: 12.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Gymnasium

4/5 SAT 12:00-1:30 p.m. \$25(R)/\$35(NR)  
Per Family

## FAMILY BOARD GAME NIGHT

### Families

Come on down to the Colchester Recreation Center and play away those winter blues. We will have a variety of board games available for you to play your family or challenge other families. What a great way to try games you may never have played before, meet new families and have fun during the chilly winter. Minimum: 6, Maximum: 20 Families.

**Facilitator:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Activity Room 1 & 2

4/18 FRI 5:00-7:00 p.m. FREE

## FAMILY BIRDHOUSE CREATIONS

### Families

What's better than hearing the birds on a warm summer morning? The best way to hear that is to have a birdhouse! Have the whole family come and join us for some birdhouse building fun! During this program you and your family will paint and build a birdhouse perfectly suited for our Vermont birds, with birdseed included! for our Vermont birds, with birdseed included! Minimum: 6, Maximum: 10.

**Instructor:** Parks & Recreation Staff

**Location:** Recreation Center, Activity Room 1

7/13 SUN 10:00-11:30 am \$55(R)/\$65(NR)





## A.C.E.

**(Active, Creative, Enrichment)**

**Afterschool Program For Children Grades K - 5**

**Malletts Bay School**

**Porters Point School**

**Union Memorial School**

### A.C.E. Program Mission Statement

- Provide children with an Active, Creative, Enriching afterschool experience
- Provide staff who strive for excellence
- Support parents by providing a quality and affordable afterschool environment for their children

### Our Staff

All afterschool staff selected by the Recreation Department must undergo a complete background check and fingerprinting. Site Directors have higher education degrees. Due to new licensing regulations, our staff must complete a rigorous certification process. Depending on which site the staff to student ratio is 13:1.

### Schedule & Calendar

The A.C.E. Program follows the Colchester District School Calendar and runs Monday - Friday afterschool until 6:00 p.m. (all sites). *The afterschool program does not run on half days.*

### Afterschool Program

Our afterschool program will provide quality child-care that parents can rely upon throughout the school calendar year. Students will work on homework, play games, make arts & crafts, play outside and much more. A healthy snack is provided for the children each day.

**Anyone wishing to participate in the program that is not currently enrolled may register beginning March 17, 2025 if space allows.**

**In person registration only on March 17**

### Registration & Enrollment

Parents must complete a registration form and submit it with a \$20 non-refundable registration fee (one-time fee for new registrants to A.C.E.) along with the first week non-refundable payment. Children who cannot be immediately enrolled will be placed on a waiting list. Waitlists are kept only for that school year and do not roll over. Parents will be contacted by Colchester Parks & Recreation on the status of their child's enrollment.

### Enrollment Changes

All changes in enrollment must be approved by the Assistant Director of Recreation. A two-week written notification is required for all enrollment changes. Enrollment changes must be on a permanent basis unless there is a one time emergency and permission may be granted.

### Payments

Payments are due on the 15th of every month. Payments are to be made by automatic withdrawal from a savings or checking account. We will also accept Visa, MasterCard, American Express & Discover.

### Financial Assistance

Assistance is available through the Vermont Agency of Human Services - Childcare Services Division. For an application or further information on the Vermont Childcare Subsidy Program call 1-800-339-3367.

### Cost Per Week 2025 - 2026:

**MBS, UMS, PPS**

### After School Care

Days Attending	1st Child	Additional Child
5 days/week	\$104	\$99
4 days/week	\$96	\$92
3 days/week	\$84	\$81
2 days/week	\$70	\$68

You may enroll your child in the A.C.E. Program for 2, 3, 4 or 5 days a week. 1 day option is not available.



For more information contact Jenn Turmel at the Colchester Parks & Recreation Department at 264-5643 or e-mail [jturmel@colchestervt.gov](mailto:jturmel@colchestervt.gov)

# A.C.E. REGISTRATION



## COLCHESTER PARKS & RECREATION 2025 - 2026 A.C.E. AFTERSCHOOL PROGRAM

<b>Office use only:</b>	
Reg Fee:	_____
Deposit:	_____
Date received:	_____
Acct Name:	_____

### GENERAL INFORMATION

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Grade (2025 - 2026): \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Site (please check one):  
(2025 - 2026) \_\_\_\_\_ Malletts Bay School  
\_\_\_\_\_ Porters Point School \_\_\_\_\_ Union Memorial School

Please check days registering for **AFTERSCHOOL** (must register for at least 2 days):

\_\_\_\_ Monday \_\_\_\_ Tuesday \_\_\_\_ Wednesday \_\_\_\_ Thursday \_\_\_\_ Friday

### PRIMARY GUARDIAN

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Who will be responsible for the payments: \_\_\_\_\_

### SECONDARY GUARDIAN

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

### EMERGENCY CONTACTS (TWO MUST BE PROVIDED - OTHER THAN PRIMARY/SECONDARY GUARDIANS):

#1 Name: \_\_\_\_\_ Relation to Child: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

Do you give permission for Emergency Contact #1 to pick up your child (please circle) YES NO

#2 Name: \_\_\_\_\_ Relation to Child: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

Do you give permission for Emergency Contact #2 to pick up your child (please circle) YES NO

*I certify that the information provided on this form is accurate to the best of my knowledge.  
I am also aware that registration fees and first week deposit are non-refundable even if I withdraw from the program.*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Once registered, an enrollment packet will be emailed to you in July. You must complete this enrollment packet, automatic withdrawal form and provide immunization records before your child can begin. Packets must be completed yearly.**

## JUNIOR EXPLORER (JRX) CAMP

Ages 4 - Entering Gr. 1

Welcome to JRX Camp, a fun-filled summer experience designed especially for our youngest campers! Perfect for children ages 4 to 6, this camp combines play, learning and creativity in a safe and nurturing environment. Each day is packed with exciting activities such as arts & crafts, non-competitive games and outside play to inspire curiosity, develop new skills, and make lasting friendships! Even though JRX Camp is based out of Malletts Bay School, campers walk down to Bayside Beach each day to have fun in the sand and lake. There are even days where campers will get to play and explore at Bayside Park. We also believe that it is important for our youngest campers to experience unstructured free play. In our daily schedule, we have a time set aside just for our campers to do this. Campers will need to bring the following each day: sneakers, snacks, sun-screen, a water bottle, bathing suit and a towel. Lunch is offered daily thanks to Colchester School District. Please pack a lunch if your child does not like the menu. Join us for a summer of discovery, laughter and fun at JRX Camp – where every day is an adventure! Minimum: 25, Maximum: 50.



### Session A: OCEAN LIFE

<b>MON-FRI</b>	<b>6/23 - 6/27</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	--------------------	--------------------------	---------------------------

### Session B: STARS & STRIPES

<b>MON-TH</b>	<b>6/30 - 7/3</b> (No Camp 7/4)	<b>7:30 am - 5:00 pm</b>	<b>\$177(R)/\$197(NR)</b>
---------------	------------------------------------	--------------------------	---------------------------

### Session C: AFRICAN SAFARI

<b>MON-FRI</b>	<b>7/7 - 7/11</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	-------------------	--------------------------	---------------------------

### Session D: DISNEY

<b>MON-FRI</b>	<b>7/14 - 7/18</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	--------------------	--------------------------	---------------------------

### Session E: AT THE ZOO

<b>MON-TH</b>	<b>7/21 - 7/24</b> (No Camp 7/25)	<b>7:30 am - 5:00 pm</b>	<b>\$177(R)/\$197(NR)</b>
---------------	--------------------------------------	--------------------------	---------------------------

### Session F: DINOSAURS

<b>MON-FRI</b>	<b>7/28 - 8/1</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	-------------------	--------------------------	---------------------------

### Session G: OUTER SPACE

<b>MON-FRI</b>	<b>8/4 - 8/8</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	------------------	--------------------------	---------------------------

### Session H: ON THE FARM

<b>MON-FRI</b>	<b>8/11 - 8/15</b> (8/15: till noon)	<b>7:30 am - 5:00 pm</b>	<b>\$197(R)/\$217(NR)</b>
----------------	---	--------------------------	---------------------------

**Location:** Malletts Bay School, Cafeteria /Gym

**Staff:** Colchester Parks & Recreation Fun Officials

## OPTIONAL: Swimming Lessons During JRX Day Camp

If you would like your child to enroll in swimming lessons while attending camp, you must register separately for the lessons. You must sign up for the 10:45 - 11:15 am slot which is exclusively for Day Camp participants. Fridays are make up days, if a lesson is cancelled during that week. Minimum: 5, Maximum: 14.

### SESSIONS AVAILABLE:

<b>Session D: M,T,W,TH</b>	<b>7/14 - 7/17</b>	<b>10:45 - 11:15 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session E: M,T,W,TH</b>	<b>7/21 - 7/24</b>	<b>10:45 - 11:15 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session F: M,T,W,TH</b>	<b>7/28 - 7/31</b>	<b>10:45 - 11:15 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session G: M,T,W,TH</b>	<b>8/4 - 8/7</b>	<b>10:45 - 11:15 am</b>	<b>\$25(R)/\$35(NR)</b>



## EXPLORER CAMP



Entering Gr. 2 & 3

Welcome to an unforgettable summer adventure! Explorer Camp is designed for those entering 2nd and 3rd grade, offering a fun-filled blend of outdoor exploration, creativity and teamwork. Everyday is packed with exciting activities that spark imagination and foster new friendships. Explorer Campers will get to experience outdoor sports and games like soccer, capture the flag and kickball, helping them develop teamwork and coordination. Campers will also be able to explore their artistic side and take home their very own masterpieces. Explorer Camp will stay cool all summer long as they take a trip to Bayside Beach everyday to play in the sand and water. After their time at the beach, campers will make their way to Bayside park daily to play field games. Campers will need to bring the following each day: a water bottle, sneakers, snacks, sunscreen, bathing suit and a towel. Lunch is offered daily thanks to Colchester School District. Please pack a lunch if your child does not like the menu. Explorer Camp is located at Colchester Middle School and will start and end at CMS each day. Minimum: 25, Maximum: 55.

### Session A: ALOHA SUMMER

<b>MON-FRI</b>	<b>6/23 - 6/27</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	--------------------	--------------------------	---------------------------

### Session B: STARS & STRIPES

<b>MON-TH</b>	<b>6/30 - 7/3</b> (No Camp 7/4)	<b>7:30 am - 5:00 pm</b>	<b>\$177(R)/\$197(NR)</b>
---------------	------------------------------------	--------------------------	---------------------------

### Session C: ALL THINGS SCIENCE

<b>MON-FRI</b>	<b>7/7 - 7/11</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	-------------------	--------------------------	---------------------------

### Session D: EXPLORING THE RAINFOREST

<b>MON-FRI</b>	<b>7/14 - 7/18</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	--------------------	--------------------------	---------------------------

### Session E: CIRCUS

<b>MON-TH</b>	<b>7/21 - 7/24</b> (No Camp 7/25)	<b>7:30 am - 5:00 pm</b>	<b>\$177(R)/\$197(NR)</b>
---------------	--------------------------------------	--------------------------	---------------------------

### Session F: THE GREAT OUTDOORS

<b>MON-FRI</b>	<b>7/28 - 8/1</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	-------------------	--------------------------	---------------------------

### Session G: STEM

<b>MON-FRI</b>	<b>8/4 - 8/8</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	------------------	--------------------------	---------------------------

### Session H: AROUND THE WORLD

<b>MON-FRI</b>	<b>8/11 - 8/15</b> (8/15: till noon)	<b>7:30 am - 5:00 pm</b>	<b>\$197(R)/\$217(NR)</b>
----------------	---	--------------------------	---------------------------

**Location:** Colchester Middle School, Cafeteria

**Staff:** Colchester Parks & Recreation Fun Officials

## OPTIONAL: Swimming Lessons During Explorer Day Camp

If you would like your child to enroll in swimming lessons while attending camp, you must register separately for the lessons. You must sign up for the 10:10 - 10:40 am slot which is exclusively for Day Camp participants. Fridays are make up days, if a lesson is cancelled during that week. Minimum: 5, Maximum: 16.

### SESSIONS AVAILABLE:

<b>Session D: M,T,W,TH</b>	<b>7/14 - 7/17</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session E: M,T,W,TH</b>	<b>7/21 - 7/24</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session F: M,T,W,TH</b>	<b>7/28 - 7/31</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session G: M,T,W,TH</b>	<b>8/4 - 8/7</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>

## XTREME CAMP

Entering Gr. 4 - 6

Welcome to our exciting and fun-filled Xtreme Camp for kids entering 4th through 6th grade! This is the perfect place to explore new hobbies, make lifelong friends, and create unforgettable memories. Whether your child loves sports, art, nature or adventure, we have something special planned for them every day! With Xtreme camp located at Bayside Park, campers spend their days playing field games, soccer, tennis baseball, capture the flag and much more. For the campers that like to show off their artistic side, they will be able to create their very own masterpieces that they can take home each day. Xtreme Camp will take the short walk to Bayside Beach everyday to spend some time with their friends at the beach. This camp will be held rain or shine at Bayside Park, so make sure your child has the appropriate clothing. If thunderstorms or excessive rain occurs, camp will be held or moved to Colchester High School. Campers will need to bring the following each day: sneakers, a water bottle, lunch, snacks, sunscreen, bathing suit and towel. Lunch is offered daily thanks to Colchester School District. Please pack extra food in case your child does not like the menu. Join us this summer at Xtreme Camp for a season filled with laughter, adventure and endless fun!

Minimum: 25, Maximum: 55.

### Session A: ART ZONE

<b>MON-FRI</b>	<b>6/23 - 6/27</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	--------------------	--------------------------	---------------------------

### Session B: STARS & STRIPES

<b>MON-TH</b>	<b>6/30 - 7/3</b> (No Camp 7/4)	<b>7:30 am - 5:00 pm</b>	<b>\$177(R)/\$197(NR)</b>
---------------	------------------------------------	--------------------------	---------------------------

### Session C: STEM

<b>MON-FRI</b>	<b>7/7 - 7/11</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	-------------------	--------------------------	---------------------------

### Session D: HAPPY CAMPERS

<b>MON-FRI</b>	<b>7/14 - 7/18</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	--------------------	--------------------------	---------------------------

### Session E: OLYMPICS

<b>MON-TH</b>	<b>7/21 - 7/24</b> (No Camp 7/25)	<b>7:30 am - 5:00 pm</b>	<b>\$177(R)/\$197(NR)</b>
---------------	--------------------------------------	--------------------------	---------------------------

### Session F: COOKING (CAMP EDITION)

<b>MON-FRI</b>	<b>7/28 - 8/1</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	-------------------	--------------------------	---------------------------

### Session G: CRAZY SCIENTISTS

<b>MON-FRI</b>	<b>8/4 - 8/8</b>	<b>7:30 am - 5:00 pm</b>	<b>\$219(R)/\$249(NR)</b>
----------------	------------------	--------------------------	---------------------------

### Session H: AROUND THE WORLD

<b>MON-FRI</b>	<b>8/11 - 8/15</b> (8/15: till noon)	<b>7:30 am - 5:00 pm</b>	<b>\$197(R)/\$217(NR)</b>
----------------	---	--------------------------	---------------------------

**Location:** Bayside Park, Pavilion  
**Rain Location:** Colchester High School

**Staff:** Colchester Parks & Recreation Fun Officials

## OPTIONAL: Swimming Lessons During Xtreme Camp

If you would like your child to enroll in swimming lessons while attending camp, you must register separately for the lessons. You must sign up for the 10:10 - 10:40 am slot which is exclusively for Day Camp participants. Fridays are make up days, if a lesson is cancelled during that week. Minimum: 5, Maximum: 16.

### SESSIONS AVAILABLE:

<b>Session D: M,T,W,TH</b>	<b>7/14 - 7/17</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session E: M,T,W,TH</b>	<b>7/21 - 7/24</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session F: M,T,W,TH</b>	<b>7/28 - 7/31</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>
<b>Session G: M,T,W,TH</b>	<b>8/4 - 8/7</b>	<b>10:10 - 10:40 am</b>	<b>\$25(R)/\$35(NR)</b>

## STUDIO 3 DANCE & FUN CAMP

Entering Grades 1 - 6

Come enjoy a wonderful week of dance! Learn hip hop, jazz, ballet, contemporary, tap and much more! We will also enjoy lots of outside time doing arts, crafts, nature walks, obstacle courses, races and exploration! This camp is tons of fun and the day's fly by with great activities that your child will enjoy very much! Bring a lunch, snacks, water, walking shoes, sunscreen and comfy clothes! We will end our fun week on Friday with a performance outside to share the dances we've been working on all week with our families! Maximum: 30.

**Instructor:** Studio 3 Dance Staff

**Location:** Studio 3, 65 Creek Farm Plaza

**A: 6/16-6/20 M-F 9:00-4:00 pm \$275(R)/\$305(NR)**

**B: 6/23-6/27 M-F 9:00-4:00 pm \$275(R)/\$305(NR)**

**C: 8/18-8/22 M-F 9:00-4:00 pm \$275(R)/\$305(NR)**

## TENNIS ACADEMY

Entering Grades 1 - 4 & 5 - 8

Tennis Academy is a tennis focused camp to kick start your day! This specialized tennis camp will focus on strokes and provide match play and/or lead-up games/drills to reinforce tennis skills and rules. Campers must bring a tennis racket, bathing suit, towel, sunscreen, lunch and plenty to drink (please no soda). Participants will be able to finish the day near the water with time to cool down at our beautiful Bayside Beach while they eat lunch with the stunning "one of a kind" view.

Minimum: 6, Maximum: 14.

**Instructor:** Jim Olson, CHS Girls Tennis Coach

**Location:** Bayside Park, Upper Tennis Court

*Rain Location: CHS, Mini Gym*

### GRADES 1 - 4

**A: 6/16-6/20 M-F 8:00-12:30 pm \$165(R)/\$185(NR)**

**C: 7/21-7/25 M-F 8:00-12:30 pm \$165(R)/\$185(NR)**

**E: 8/4-8/8 M-F 8:00-12:30 pm \$165(R)/\$185(NR)**

### GRADES 5 - 8

**B: 6/23-6/27 M-F 8:00-12:30 pm \$165(R)/\$185(NR)**

**D: 7/28-8/1 M-F 8:00-12:30 pm \$165(R)/\$185(NR)**

**F: 8/11-8/15 M-F 8:00-12:30 pm \$165(R)/\$185(NR)**

## MBBC JUNIOR SAILING CAMP

Entering Grades 3 - 10

The MBBC Junior Sailing Program covers sailing fundamentals for new and seasoned sailors. Our US Sailing certified Instructors follow the US Sailing Small Boat Sailing curriculum designed to provide entry level skills and builds towards mastery of a boat handling and seamanship to promote a lifelong love of sailing. The multi-age program allows flexibility in meeting the instructional and schedule needs of our junior sailor participants. We focus on non-race instruction for all sailing levels. Sailors will learn to identify wind direction, how to rig and unrig boats, basic knot tying, rules of the road, how to launch and land their boat, how to steer, points of sail, tacking and jibing, capsize recovery, man overboard recovery, sailing upwind and downwind, boat maintenance and so much more.

Minimum: 1, Maximum: 7.

**Instructor:** Malletts Bay Boat Club Staff

**Location:** Malletts Bay Boat Club,  
662 West Lakeshore Dr

**A: 6/23-7/3 M-F 9:00-12:00 pm \$350(R)/\$380(NR)**

(Skip: 7/4)

**B: 7/7-7/18 M-F 9:00-12:00 pm \$350(R)/\$380(NR)**

**C: 7/21-8/1 M-F 9:00-12:00 pm \$350(R)/\$380(NR)**

**D: 8/4-8/15 M-F 9:00-12:00 pm \$350(R)/\$380(NR)**

## VOLLEYBALL CAMP - BEGINNER

Entering Grades 6 - 9

CHS Varsity Volleyball Head Coach, Rick Codling, will be joining us for a week to teach YOU more about the game of volleyball! This is a camp for all students interested in learning more about the sport and improving your game. You CAN be a volleyball player. Whether you have little or no experience or have played before, have no fear, come and learn about Vermont's fastest growing sport in High School. The coaches will teach you skills, positions and how to play offense and defense. The emphasis is on YOU playing and having a fun time learning. Whether you just want to have fun in the summer, or are preparing for the upcoming Fall season, please join us. CHS has Varsity and JV programs and there is a Middle School Spring volleyball program.

Minimum: 10, Maximum: 30.

**Instructor:** Rick Codling, CHS Volleyball Coach

**Location:** Colchester High School, Gym

**6/23-6/27 M-F 8:30-12:00 pm \$150(R)/\$170(NR)**



## VOLLEYBALL CAMP - ADVANCED

Entering Grades 9 - 10

CHS Varsity Volleyball Head Coach Rick Codling is running a camp for intermediate to advanced players that have a couple of years of experience and want to improve skills for JV or Varsity Volleyball in the Fall. Emphasis is on improvement of the individual; with positional and overall skill levels and teamwork. Players will work as a team and improve court work and play making, both on offense and defense. This will be a fun learning experience with a lot of hard work and hard play. You will become a better player and teammate.

Minimum: 10, Maximum: 30.

**Instructor:** Rick Codling, CHS Volleyball Coach

**Location:** Colchester High School, Gym

6/23-6/27 M-F 1:00-3:30 pm \$150(R)/\$170(NR)

## TRACK & FIELD PROGRAM

Age 7 - 14 (must not turn 15 before 12.31.25)

Colchester Parks & Recreation's Track program helps to develop and enhance skills of running, jumping, throwing and skills that are important in the success of any sport or fitness activity, with an emphasis on fun and fitness. During this program, participants will learn about each of the running events, throwing events and team competitions they can participate in, try out each of these events, and pick their favorites to work on throughout the season as they compete against other youth track recreation programs in the state. This track program will also serve as a training session for our team to attend the **VRPA Track meet in St. Johnsbury on Saturday, July 19th where we will defend our State Title of VRPA State Track Meet Champions!** Rain date for track meet TBD. VRPA State Track Meet: The athletes age group is determined by his/her age as of December 31, 2025. Athletes aged 7-14 on December 31, 2025 are eligible to participate in the meet this year unless they were a high school freshman in the 2024-25 school year.

Maximum: 35 (Age 7-11) / 15 (Ages 12-14).

**Instructor:** Alexis Currie, Track & Field Director

**Location:** Colchester High School, Track

**Ages: 7 - 11**

6/23-7/19 M&W 5:30-7:00 pm \$90(R)/\$100(NR)

**Ages: 12 - 14**

6/23-7/19 M&W 5:30-7:00 pm \$90(R)/\$100(NR)

## FIELD HOCKEY CAMP

Entering Grades 2 - 6

At Field Hockey Camp, we are committed to making you better, stronger, improve your techniques develop your self-confidence, to get you inspired about your potential. Most importantly, we want you to fall in love with field hockey! You'll leave camp with new techniques, new energy, new friends and new goals. We guarantee that every part of the process will be fun. Practicing and learning the important skills and principles of field hockey will maximize your chances for success. All players need to have a mouth guard, shin guards, sneakers or cleats, water bottle, snack and field hockey stick. Need a field hockey stick? We have loaner sticks available upon request. Minimum: 20, Maximum: 60.

**Instructor:** Shawn Lefebvre, CHS Field Hockey

**Location:** CHS or BHS TBD

6/23-6/27 M-F 8:00-12:00 pm \$175(R)/\$195(NR)

## STUDIO 3 DANCE SPECIALTY CAMPS

Entering Grades 1 - 3

**Moana & Friends Adventure:** Come and be proud of who you are, listen to the voice inside your heart, Dream big – dream whatever you want, use your imagination, and kindness and compassion are powerful! This camp will be all your kiddo wants and more! Totally themed all-around Moana! Dance, crafts, fun, games and so much more! **Do You Want to Build a Snowman?:** The Cold doesn't bother me anyways! Yes, Frozen in July! There will be a cast of characters; which one will you be? With this inspiring camp we will encourage dancers to always be yourself and be proud of who you are, that it's always ok to have emotions and let people know how you feel- Let it Go! Dream Big - use your imagination! Lots of fun will be had and memories made! Please pack snacks, a lunch, a water bottle and be ready to Let It Go! Final day prior to pick up there will be a mini performance! Minimum: 6, Maximum: 12.

**Instructor:** Studio 3 Dance Staff

**Location:** Studio 3, 65 Creek Farm Plaza

**MOANA & FRIENDS ADVENTURE**

6/30-7/3 M-TH 9:00-1:00 pm \$155(R)/\$175(NR)

**DO YOU WANT TO BUILD A SNOWMAN**

7/7-7/11 M-F 9:00-1:00 pm \$175(R)/\$195(NR)

## BASEBALL CAMP

Entering Grades K - 6

Join High School Baseball Coach Tom Perry, his staff and players for our annual baseball camp. The camp emphasizes the FUNdamentals of the game of baseball. Everyday players will work on skills and drills, play games and learn to love the game! Players will enjoy throwing games, catching contests, and even a home run derby. This is a great camp for young players to grow and really find out who they are as players and leaders. Participants need to bring shorts, cleats or sneakers, sunscreen, water bottle and a nutritious snack. *If program is cancelled due to bad weather, there are no refunds or make-ups.*

**Instructor:** Tom Perry, CHS Varsity Coach

**Location:** Colchester High School, Baseball Field

**A: GRADES K - 2 (Min. 6 / Max. 12)**

7/7-7/11 M-F 9:00-12:00 pm \$150(R)/\$170(NR)

**B: GRADES 3 - 6 (Min. 20 / Max. 38)**

7/7-7/11 M-F 9:00-12:00 pm \$150(R)/\$170(NR)

## SOCCER CAMP

Entering Grades 1 - 6

Youth of all ages can attain the skills necessary to have fun, be proficient and experience success. WE EMPHASIZE LEARNING AND HAVING FUN. The purpose of our camp will be to teach individual and team skills in a healthy environment, with a focus on sportsmanship, teamwork and the development of a positive self-image. During this half day camp, participants will focus on skill development, games, and daily competitions. Every participant will receive their own soccer ball to use for the week and keep at the end. *If camp needs to be cancelled during the week for severe weather, there will not be make ups or refunds.* **Prerequisite: at least one year of organized soccer.** Minimum: 20, Maximum: 50.

**Instructors:** Ty Pratt & Dave Sharkey,

CHS Boys Varsity Soccer Coaches

**Location:** Middle School, Athletic Fields

7/21-7/25 M-F 8:00-12:00 pm \$165(R)/\$185(NR)

## BASKETBALL CAMP

Entering Grades 5 - 8

Come learn from a former college athlete and a coach from Long Island, New York. This camp will focus on basketball fundamentals including dribbling, passing, shooting, rebounding and defensive play. Each player will receive instruction and personal attention in learning basic skills while being encouraged to learn at their own rate. Players need to bring a water bottle, snacks and energy! Minimum: 15, Maximum: 40.

**Instructor:** Jihad Ceasar, Former College Athlete

**Location:** Colchester Recreation Center, Gym

7/28-8/1 M-F 9:00-12:00 pm \$150(R)/\$170(NR)

## BOYS LACROSSE CAMP

Entering Grades 2 - 5

Come and join us for a week of lacrosse camp. During this week of camp players will learn the fundamentals of lacrosse. Players will have the opportunity to enhance their lacrosse skills. **Requirement:** Players must provide their own equipment which includes a stick and protective gear. Boys protective gear includes: gloves, arm pads, shoulder pads (NOCSAE Certified), and a helmet. *If camp needs to be cancelled during the week for severe weather, there will not be make ups or refunds.* Minimum: 20, Maximum: 40.

**Instructor:** Ryan Fitzpatrick

**Location:** Bayside Park, Lacrosse Field

7/14-7/18 M-F 9:00-12:00 pm \$150(R)/\$170(NR)

## FOOTBALL CAMP

Entering Grades 2 - 8

The Colchester Football team invites you to our 21st Annual Football Camp. This non-contact football camp is for players of all levels. Camp will be a daily combination of warm-up activities, stretches, fun drills and skills, and a variety of games that will be focused on fundamentals. This camp is an excellent way to prepare your young player for a youth football season with the Colchester Catamounts or to expose your child to the outstanding athletic activities football can provide. Participants need to bring shorts, cleats or sneakers, sunscreen, water bottle and a nutritious snack. *If camp needs to be cancelled during the week for severe weather, there will not be make ups or refunds.* Minimum: 20, Maximum: 40.

**Instructor:** Tom Perry, CHS Varsity Coach

**Location:** High School, Football Practice Field

8/4-8/8

M-F

9:00-12:00 pm

\$152(R)/\$172(NR)

## SPRING INTO SUMMER

Entering Grades 1 - 3

Welcome to our first week of Camp! Join us this week as we jump from Spring to summer and explore what the beginning of summer 2025 has to offer! Summer is a time for fun, laughter and creativity, join us as we incorporate all of those into our week. Campers will engage in various arts and crafts such as making sun catchers, painting rocks, making bird feeders and many more games and activities to get them in the summer spirit and have fun in the sun! Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

6/23-6/27 M-F 8:00-4:00 pm \$235(R)/\$265(NR)

## COLCHESTER OLYMPICS CAMP

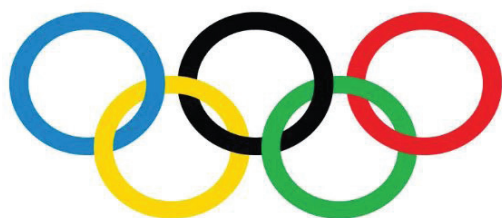
Entering Grades 4 - 6

Start the summer off strong and come compete in the Colchester Olympics this summer! Campers will be divided into teams at the beginning of the week where each team will pick their own country to represent as they compete throughout the week. Campers will participate in Olympic-themed activities. They will also make crafts as well. At the end of the week, camp will end with a medal ceremony! Campers will be going to the beach every day so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, a lunch (if they don't want the provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Activity Center

6/23-6/27 M-F 8:00-4:00 pm \$235(R)/\$265(NR)



## WICKED COOL VET SCHOOL

Entering Grades 1 - 5

Are you dreaming of becoming a superstar veterinarian? Grab your lab coat, animal adventurers, and prepare to meet your (stuffed) animal patient. Learn to recognize vital signs and emergencies in animals. Delve into dog digestion and investigate animal intestines from our favorite vertebrates: birds, mammals, reptiles, amphibians and fish. Kids will get their own Veterinarian Starter Kit Kiwi Crate to explore animal x-rays to find animal bone fractures, and dig deeper into animal anatomy. Next, kids can engage in free-choice STEAM activities related to all things from the wide world of animals - including animal arts and crafts as well as engineering activities. Minimum: 10, Maximum: 25.

**Instructor:** Wicked Cool for Kids Staff

**Location:** Colchester High School, Room 202

6/23-6/27 M-F 9:00-4:00 pm \$440(R)/\$470(NR)



## STARS & STRIPES CAMP

Entering Grades 1 - 3

Welcome to July! During this slightly shortened week we will explore all things related to the 4th of July, from USA-themed arts & crafts to historical games & activities that have been an integral part of USA history using themes like the statue of liberty, the American flag and many more. Campers will also be going to the beach everyday, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

6/30-7/3 M-TH 8:00-4:00 pm \$188(R)/\$208(NR)  
(No Camp Fri: 7/4)



## PARTY IN THE USA

Entering Grades 4 - 6

There's a party happening in the USA, and it's in Colchester! During this slightly shortened week we will jump into USA-themed arts, crafts and activities. Campers will also be able to enjoy games, crafts and activities themed to the history of the USA to celebrate Independence Day using themes like American sports, landmarks and various eras of history. Campers will also be going to the beach everyday, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle.

Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Activity Center

6/30-7/3 M-TH 8:00-4:00 pm \$188(R)/\$208(NR)  
(No Camp Fri: 7/4)

## COLCHESTER CHEFS

Entering Grades 4 - 6

Join us this summer as we craft some edible creations with easy-to-follow recipes. Campers will take part in a cooking frenzy as we follow different recipes each day and taste our creations upon completion. All campers will receive a cookbook for use while we cook (and to take home at the end of camp), will learn the ins and outs of recipe reading and have the chance to practice and grow their kitchen skills. Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack, lunch (if they don't want the provided lunch) and water bottle. Minimum: 12, Maximum: 16.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Activity Center

7/7-7/11 M-F 8:00-4:00 pm \$245(R)/\$275(NR)

## OUT OF THIS WORLD

Entering Grades 1 - 3

Sign up for a journey that is "Out Of This World"! During this week we will be spending our time having a ton of fun as we spend our days doing things like making moon sand, creating edible constellations, planet sun catchers and living our best life amongst the stars! The Colchester rocketship is ready to take off, we just need our astronauts! Campers will be going to the beach every day, so please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack, lunch (if they don't want provided lunch) and water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

7/7-7/11 M-F 8:00-4:00 pm \$235(R)/\$265(NR)

## WICKED COOL MINECRAFT

Entering Grades 1 - 5

Wicked Cool Minecraft is back! Using the updated Minecraft Education platform, Minecraft Mania skillfully blends virtual and real-world learning experiences for maximum learning and fun. In the morning, become an intrepid explorer using a Minecraft avatar to dive into the wonders of engineering, physics, and biology to build our own Wicked Cool Minecraft town. Follow up with fun companion hands-on STEAM lessons to learn about engineering, biology and physics. The Mania continues as we do a dino dig and learn the properties of real rocks and minerals found in Minecraft. Complete the week with a creative Kiwi Crate Geologist Starter Kit and kick off your collection with real samples of obsidian, calcite, sandstone and pyrite (aka fool's' gold). Minimum: 10, Maximum: 20.

**Instructor:** Wicked Cool for Kids Staff

**Location:** Bayside Activity Center

7/14-7/18 M-F 9:00-4:00 pm \$440(R)/\$470(NR)

**New Camp Cancellation/Refund Policy on Page 2**

## CRAFTY & CREATIVE CAMP

Entering Grades 1 - 3

Get ready to be CRAFTY and CREATIVE! Join us as we engage in artsy projects and crafty creations. Sometimes art can be clean and simple, but not this week! Join us as we get crafty and messy, as each day we will engage in a few messy and crafty arts and crafts that all campers will get to take home! Campers are suggested to wear clothes that they don't mind getting messy in. Campers will also be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle.

Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

7/14-7/18 M-F 8:00-4:00 pm \$235(R)/\$265(NR)

## LITTLE CHEFS ACADEMY

Entering Grades 1 - 3

It's never too early to learn how to create your own amazing little food and snacks! During this week campers will learn about how to be creative and put together fun and intriguing snacks that don't require anything other than a fun and creative mind! We'll make snacks such as ants on a log, muddy buddies, soft pretzels, fruit salsa and so much more! Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle.

Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Activity Center

7/21-7/24 M-TH 8:00-4:00 pm \$200(R)/\$230(NR)  
(No Camp Fri: 7/25)

## MAD SCIENTIST CAMP

Entering Grades 4 - 6

Take your part in a scientific adventure during this week of the summer at Mad Scientists camp. This week will give campers the opportunity to learn about science through interactive experiments and hands-on activities based around the fun and wacky world of science! Come and discover all about science as we experiment with things that sizzle, pop, melt, erupt and more! Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Colchester Middle School, Art Room

7/14-7/18 M-F 8:00-4:00 pm \$235(R)/\$265(NR)

## CREATIVE CANVAS

Entering Grades 4 - 6

Art can be amazing, expressive, colorful, inspiring, imaginative, dramatic, bold and so much more but most importantly it can be CREATIVE! Join us this week to explore our creative sides as we engage in various art creations that allow us to explore our creative sides and branch out from structured art projects. Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

7/21-7/24 M-TH 8:00-4:00 pm \$188(R)/\$208(NR)  
(No Camp Fri: 7/25)

## C.I.T. (COUNSELOR IN TRAINING) PROGRAM

Entering Gr. 9 - 10

Are you interested in becoming a Camp Counselor when you are older? If so, this is a great program for you! This two-week program will provide you hands-on experience in our day camps working with our JRJ, Explorer or Xtreme Camp. You will work with different counselors throughout the two-week period to obtain as much knowledge as you can to assist in future counselor positions. Being a C.I.T. does not guarantee future employment with Colchester Parks & Recreation. For an application and fees associated with this program or for further information contact Courtney Graeter at [cgraeter@colchestervt.gov](mailto:cgraeter@colchestervt.gov) or 802-264-5646. Applicants go through an interview process and are not guaranteed a C.I.T. position by applying.

## BRICK-MANIA! CAMP

Entering Grades 1 - 3

Join us as we open our minds to the world of LEGO's! During this camp, we will work both together and by ourselves to build whatever we can imagine from those little LEGO bricks. We will have activities, competitions and group projects to keep all campers engaged throughout the week. Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

7/28-8/1 M-F 8:00-4:00 pm \$235(R)/\$265(NR)



## UNDER THE SEA

Entering Grades 1 - 3

Dive underwater and look around at this summer camp! Campers will bring out their inner explorer of the deep sea through various crafts, games and of course spending time at the beach! They will have the opportunity to make painted shells, make their own coral reef and many more! Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack, lunch (if they don't want provided lunch) and a water bottle.

Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

8/4-8/8 M-F 8:00-4:00 pm \$235(R)/\$265(NR)

## BAKING BAKERS CAMP

Entering Grades 4 - 6

Do you want to explore the baking side of the kitchen? Us too! Come and join the Baking Bakers camp to learn fundamentals in baking, create some yummy treats to bring home, and have fun mixing and measuring to create the sweetest of what the oven can produce! All recipes will be nut free. Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle.

Minimum: 12, Maximum: 16.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Activity Center

8/4-8/8 M-F 8:00-4:00 pm \$245(R)/\$275(NR)



## ALL THINGS POP! CAMP

Entering Grades 4 - 6

Interested in Taylor Swift? How 'bout Harry Potter, Super Mario or Percy Jackson? During this camp campers will be able to dive into their favorite things pop culture! We'll be engaged in a variety of themed projects and activities based around campers favorite celebrities, musicians, and movie characters! Campers will be going to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Activity Center

7/28-8/1 M-F 8:00-4:00 pm \$235(R)/\$265(NR)



## SPLISH SPLASH

Entering Grades 1 - 3

Welcome to the end of summer vacation and the middle of August where temperatures are always high. What better way to cool down during this week than at the Splish Splash camp! Throughout this heat, campers will participate in crafts and activities centered around coolin' down and having fun with water! Campers will participate in water games such as relay races, duck, duck, splash and other games while also creating crafts such as their own bubbles! Campers will also be splashin' their way to the beach each day, so please pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle.

Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Malletts Bay School, Art Room

8/11-8/15 M-F 8:00-4:00 pm \$235(R)/\$265(NR)

## LAKE LIFE CAMP

Entering Grades 4 - 6

A week on the lake is exactly what's needed at the end of summer vacation. Join us down at Bayside Park to cool off right at the end of summer as we participate in games and activities based around water, the lake and nature! Of course we will be going down to Bayside Beach everyday, but we will also be playing games such as water relay races, water balloon toss and other fun creative games and crafts! As we will be going down to the beach, please be sure to pack a bathing suit, towel and sunscreen. Campers will also need healthy snacks, lunch (if they don't want provided lunch) and a water bottle. Minimum: 15, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Activity Center

8/11-8/15 M-F 8:00-4:00 pm \$235(R)/\$265(NR)



## LIGHTS, CAMERA, ACTION!

FILM CAMP

Entering Grades 5 - 8

Kids will have the opportunity to learn about the equipment used to create television programming and create their own short program to air on Lake Champlain Access Television. All participants will be taught how to operate a camera, direct a television program and digitally edit their work. Each camper will receive a DVD of all the projects during the camp. Kids should bring a snack as we will break for a snack each day.

Minimum: 4, Maximum: 10.

**Instructor:** LCATV Staff

**Location:** LCATV, Creek Farm Plaza

8/18-8/22 M-F 9:00-12:00 pm \$65(R)/\$75(NR)



## HOGWARTS STEAM EXPRESS

Entering Grades 1 - 5

All aboard the 2025 Hogwarts STEAM Express! Join us on Platform 9 ¾ for a week of science magic and fun filled learning. Engage in potion mastery, crafting sparkling and fizzing magical brews, and explore herbology and the senses with real dried plants and herbs to create a potions ingredient jar. Use invisible ink like the marauder's map to create secret messages. Dive into divination and make a color changing crystal ball as we look to see what the future holds. Full day wizards will make a Kiwi Crate Solar Lantern to safely explore the forbidden forest and learn about the power of the sun! Afternoon free choice STEAM activities will enchant any wizarding fan. Make spellbinding glow in the dark jewelry and a monster book (of monsters). Create your own magical creatures and a custom wicked cool wand.

Minimum: 10, Maximum: 25.

**Instructor:** Wicked Cool for Kids Staff

**Location:** Bayside Activity Center

8/18-8/22 M-F 9:00-4:00 pm \$440(R)/\$470(NR)

## CLIMB & PADDLE

Entering Grades 5 - 8

Do you love hiking, kayaking and adventuring through different areas in Vermont? If so, this is the camp for you! Join us each day as we embark on a new adventure. Participants will travel by van to hike each day and finish it off by enjoying the water by participating in kayaking, SUP or swimming activities. This camp plans to visit places such as Mount Elmore, Mount Philo and so much more! A letter with specifics and what to bring will be sent out prior to camp. Participants must bring each day active clothing, sneakers, bathing suit, towel, snack, water bottle, lunch and sunscreen.  
Minimum: 11, Maximum: 13.

**Instructor:** Colchester Parks & Recreation Staff  
**Drop Off/Pick Up Location:** Recreation Center

6/23-6/27 M-F 8:00-4:00 pm \$329(R)/\$359(NR)

## WOODS, WATER & WILDLIFE

Entering Grades 5 - 8

Enjoy a week of outdoor adventures with professional guides! This popular free-flowing camp offers opportunities to hike, fish, canoe, practice outdoor and water safety, build and cook over a fire, identify plants and wildlife, learn about conservation, and so much more! This is a camp for participants that enjoy being active daily. A hot dog lunch will be provided on Monday. Please prepare by bringing nutritious snacks and lunch (Tuesday - Friday), plenty of water and appropriate clothing for all weather activities.  
Minimum: 10, Maximum: 15.

**Instructor:** Mark Wilde,  
Uncle Jammers Guide Service  
**Location:** Monday: Bayside Park  
Tuesday-Friday: Colchester Pond

7/7-7/11 M-F 9:00-4:00 pm \$280(R)/\$310(NR)



## ONE DAY ADVENTURES

Entering Grades 5 - 8

Join us for one- or two of our One-Day Adventures as we travel each day to a new and exciting location for fun and adventure. **Monday 6/30:** Travel to Killington and spend the day at Killington's Adventure Center. Enjoy the beast mountain coaster, Gondola, Zip line, Skye Ropes Course, Woodward WreckTangle, Trampoline Jump and Amaze'n Maze. **Tuesday 7/1:** Travel to Jay Peak and enjoy a day at the Pump-house with your friends! This is a great opportunity to get out of the hot summer sun while still enjoying the water! Minimum: 11, Maximum: 13.

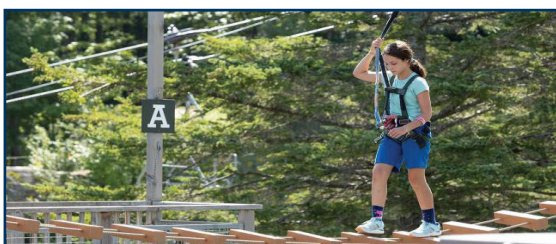
**Instructor:** Colchester Parks & Recreation  
**Drop Off/Pick Up Location:** Recreation Center

### Killington Adventure Center

6/30 MON 8:00 - 4:00 pm \$160(R)/\$180(NR)

### Jay Peak

7/1 TUE 8:00 - 4:00 pm \$180(R)/\$200(NR)



## PUTT & STRIKE CAMP

Entering Grades 4 - 6

Join us as we travel around VT & NY to go mini-golfing and bowling. Each day we will either bowl or golf. We will also go swimming and/or play games in the park after we do our main activity. A letter with specifics and what to bring will be sent out prior to camp. Participants must bring each day active clothing, sneakers, bathing suit, towel, snacks, water bottle, lunch and sunscreen.  
Minimum: 11, Maximum: 13.

**Instructor:** Colchester Parks & Recreation Staff  
**Drop Off/Pick Up Location:** Recreation Center

7/7-7/11 M-F 8:00-4:00 pm \$330(R)/\$360(NR)

## FISHING CAMP

Entering Grades 5 - 8

During this popular mobile five-day camp, participants will learn how to fish for a variety of species in different waters, while applying skills and knowledge of fishing tackle, tactics, fish behavior and environmental factors to maximize success. This camp follows the Vermont Fish and Wildlife "Let's Go Fishing!" curriculum and includes: fishing skills, lure, bait and equipment choices, fish identification, fishing regulations, ethics and so much more! Camp will be led by a Professional Outdoor Guide and certified "Let's Go Fishing" instructor. Fishing rod, reel, and safety glasses provided.

Minimum: 10, Maximum: 13.

**Instructor:** Mark Wilde

**Drop Off/Pick Up Location:** Recreation Center

**A: 7/14-7/18 M-F 7:30-12:30 pm \$275(R)/\$305(NR)**

**B: 8/4-8/8 M-F 7:30-12:30 pm \$275(R)/\$305(NR)**

## TOURING VERMONT

Entering Grades 3 - 6

Join us as we explore what our great state of Vermont has to offer! During this camp we will explore our state by traveling to different museums, attractions and nature sites. This camp will visit places such as Shelburne Farms, Ben & Jerry's factory, Vermont Teddy Bear and more! Vermont has so much to offer, join us for some fun and educational experiences! Campers should pack snacks, lunch and water each day and be prepared for weather and drives around Vermont.

Minimum: 11, Maximum: 13.

**Instructor:** Colchester Parks & Recreation Staff

**Drop Off/Pick Up:** Recreation Center

**7/21-7/25 M-F 8:00-4:00 pm \$305(R)/\$335(NR)**

## HIKE N'SWIM

Entering Grades 3 - 5

Do you love hiking and swimming? If so then this is the camp for you! Join us for a week of hiking various mountains and trails throughout Vermont and finish the day with some swimming. This camp plans to visit places such as Mount Elmore, Silver Lake, Snake Mountain and so much more. A letter with specifics on what campers should bring will be sent out prior to camp. Participants must bring active clothing, sneakers, a bathing suit, towel, snacks, lunch, water bottle and sunscreen each day.

Minimum: 11, Maximum: 13.

**Instructor:** Colchester Parks & Recreation Staff

**Drop Off/Pick Up:** Recreation Center

**7/28-8/1 M-F 8:00-4:00 pm \$305(R)/\$335(NR)**



## SPLASH N'GEARS

Entering Grades 5 - 8

Visit Vermont's premium mountain bike locations and then take a dip in popular waterholes and/or swimming areas. We will travel around VT to different mountain bike trails and beaches/water locations. Participants must bring each day a mountain bike, helmet, bathing suit, towel, snacks, water bottle, lunch and sunscreen. A letter will be sent out prior to camp with trip details.

Minimum: 11, Maximum: 13.

**Instructor:** Colchester Parks & Recreation Staff

**Drop Off/Pick Up:** Recreation Center

**8/11-8/15 M-F 8:00-4:00 pm \$305(R)/\$335(NR)**

**New Camp Cancellation/Refund Policy on Page 2**



# BAYSIDE BEACH

## BAYSIDE BEACH LIFEGUARD ON DUTY

June 23 - August 15

Monday - Friday: 9:30 am - 5:00 pm

DAILY ADMISSION IS FREE

### PRIVATE SWIMMING LESSONS

Ages 5 - 12

Scheduling private swimming lessons is a great way to get more attention to focus on individual needs and become a strong, confident swimmer. It also allows for more flexibility with busy schedules. Participants will receive FOUR half-hour lessons at Bayside Beach between 10 am - 4 pm. Please ensure your contact information is up to date when registering; waterfront staff will contact you to schedule your lessons. Lessons will not be conducted after August 8. Maximum: 12 participants.

4 - Half Hour Lessons

Dates & Times TBD between Parents & Instructor

\$68(R)/\$78(NR)

*\*Groups of 7 or more must contact Parks and Rec at least 5 days prior to attending to see if there is availability. Contact 264-5648 or email Jared at [jantoniak@colchestervt.gov](mailto:jantoniak@colchestervt.gov)*

**COLCHESTER PARKS & RECREATION IS CURRENTLY  
HIRING SUMMER STAFF!**

**COMPETITIVE WAGES!  
WE TYPICALLY FILL SPOTS BY LATE FEBRUARY/EARLY  
MARCH SO DO NOT DELAY IN APPLYING**

**NOW HIRING  
LIFEGUARDS/SWIM INSTRUCTORS  
DAY CAMP COUNSELORS**

**Email resumes with desired position to  
[jturmel@colchestervt.gov](mailto:jturmel@colchestervt.gov)**

**BEGINNER UKULELE****Ages 18+**

This beginner ukulele program is designed to introduce new players to the basics of playing the ukulele. This program will cover fundamentals concepts such as how to hold the instrument, basic strumming patterns and simple cords. Come and join us for this awesome program and begin your ukulele journey! Requirement: Must bring Ukulele to the program. Minimum: 4, Maximum: 15.

**Instructor:** Corie Brown, Music Teacher**Location:** Recreation Center, Activity Room 1**6/1 SUN 4:00-5:00 p.m. \$25(R)/\$35(NR)****SUMMER FLOWER ARRANGING 101****Ages 18+**

Join our Summer Flower Arranging Class and learn how to create beautiful, seasonal floral arrangements! From selecting fresh blooms to designing a stunning centerpiece, this hands-on workshop will guide you through the basics of floral design. Perfect for beginners or anyone looking to enhance their skills—leave with your own creation to brighten your home! Minimum: 5, Maximum: 16.

**Instructor:** Emily Kudlakik, Topsy Tulip**Location:** Recreation Center, Activity Room 1**7/16 WED 5:30-7:00 p.m. \$78(R)/\$88(NR)****ALCOHOL INK - COASTER****Ages 18+**

Lets make our own coaster using alcohol ink art! Alcohol ink art is a fluid art technique that uses alcohol-based inks to create colorful and fluid compositions on various surfaces. When alcohol is added to the dye, it creates a vibrant, translucent effect when applied to non-porous materials like ceramic. For this project we will take plain white ceramic coaster dishes and add our own unique touch to them using the alcohol inks! Minimum: 4, Maximum: 8.

**Instructor:** Colchester Parks & Recreation Staff**Location:** Recreation Center, Activity Room 1**7/17 TH 5:00-6:15 p.m. \$35(R)/\$45(NR)****PEBBLE ART****Ages 18+**

Come and join us to create your own art with rocks. Pebble art is creating pictures or designs using small stones or pebbles. You can arrange them on a canvas and glue them down to make different shapes, scenes, or abstract designs. It's a great way to get creative and make something unique. Minimum: 4, Maximum: 8.

**Instructor:** Colchester Parks & Recreation Staff**Location:** Recreation Center, Activity Room 1**7/23 WED 6:00-7:00 p.m. \$40(R)/\$50(NR)****ESTATE PLANNING: WILLS 'VS' TRUSTS****Ages 18+**

Join attorney Lisa Companion of LMC Law in Colchester to learn about how you can transfer and protect your assets in this Estate Planning Educational Seminar. Discussion will include wills, trusts, power of attorney, and living wills, as well as mistakes you should avoid to protect you and your loved ones. Minimum: 5, Maximum: 20.

**Instructor:** Lisa Campion, Attorney**Location:** Recreation Center, Activity Room 1**8/5 TUE 5:30-6:30 p.m. FREE****BOARD GAME BONANZA****Ages 18+**

Come and join us for a night filled with board games and fun with friends! We have many different board games to play! Come and challenge some of your friends or family with your favorite board game. Minimum: 6, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff**Location:** Recreation Center, Activity Room 1**8/19 TUE 6:00-8:00 p.m. FREE**

### NUTRITION 101

Ages 18+

Learn how to transform and develop your relationship with food and fuel your fitness goals in this comprehensive 6-week nutrition program. Designed for beginners, this course combines guidance with practical tools to help you understand the science of nutrition and its impact on your body. Each week, you'll explore key topics like macro-nutrient balance, diet trends, meal planning, and hydration, all while learning how to make sustainable choices that fit your lifestyle. No matter your fitness goals, this program will guide you to create a personalized nutrition plan for YOU! Minimum: 6, Maximum: 15.

**Instructor:** Courtney Dessormeau,  
Certified Nutritionist

**Location:** Recreation Center, Activity Room 1

6/4-7/9 WED 6:30-7:15 pm \$75(R)/\$85(NR)



### WOMEN'S SELF DEFENSE

Ages 18+

Our self-defense courses cater to individuals seeking either individual or group sessions, providing a tailored approach to learning essential skills. We offer specialized programs such as women's self-defense, designed to empower women with practical techniques and strategies.

Minimum: 15, Maximum: 30.

**Instructor:** Villari's Martial Arts

**Location:** Bayside Activity Center

8/3 SUN 12:00-1:30 pm \$25(R)/\$35(NR)

### SAND VOLLEYBALL

Ages 18+

What's a better way to end your Monday nights than with some relaxing but competitive fun at Bayside Park playing volleyball on our sand volleyball court? Every Monday starting July 7th until August 18th we'll be meeting to play some beach volleyball together! Minimum: 8, Maximum: 24.

**Facilitator:** Colchester Parks & Recreation Staff

**Location:** Bayside Park, Volleyball Courts

7/7-8/18 MON 5:30-7:30 p.m. FREE

### BEGINNER PICKLEBALL

Ages 18+

Pickleball combines the elements of tennis, badminton, and table tennis on a badminton-sized court with a modified tennis net. This sport requires a degree of physical fitness and mobility, and is a fun way to improve cardio and build hand-eye coordination. Our beginner/advanced-beginner lessons will teach you the rules of the game, scoring, serving, and other basic techniques. There will be plenty of time to scrimmage with others in doubles games. Paddles are provided, or bring your own if you have one. All participants should wear sturdy tennis shoes or running shoes, wear comfortable clothing that will allow you to move freely, and bring a water bottle. These lessons are great for beginners or for those that have taken lessons before, but are working their way up to consistent game play.

Minimum: 4, Maximum: 10.

**Instructor:** Ron Tofani

**Location:** Bayside Park, Lower Tennis Courts

A: 7/15-7/24 T&TH 11:00-12:30 pm \$25(R)/\$35(NR)

B: 8/5-8/14 T&TH 11:00-12:30 pm \$25(R)/\$35(NR)





# ACTIVE GENERATION

## COMMUNITY ROCK PAINTING

Ages 55+

Come spend an early afternoon painting a collection of rocks to place around the community and bring joy to those who find them! Paint words of encouragement, beautiful scenery or special designs on individual rocks. Once they are dry, they will be placed in various areas throughout Colchester. PRE-REGISTRATION IS REQUIRED.

Minimum: 8, Maximum: 15.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Activity Room 1

A: 6/30	MON	1:00-2:00 p.m.	FREE
B: 7/28	MON	1:00-2:00 p.m.	FREE
C: 8/18	MON	1:00-2:00 p.m.	FREE

## YOGA FOR EVERY BODY

Ages 55+

This class will use chairs and props to help maximize balance and flexibility through yoga asanas. These exercises will also help to build body appreciation and awareness of all you can do. Perfect for those looking to promote good bone health and ease pain associated with arthritis and other chronic conditions through movement and stretching. We will use chairs and other props to enhance flexibility and balance through yoga poses. Dress comfortably, bring a yoga mat, and come and enjoy.

Minimum: 6, Maximum: 25.

**Instructor:** Betty Molnar

**Location:** Recreation Center, Activity Room 2

7/1-8/5 TUE 9:30-10:30 a.m. \$67(R)/\$77(NR)

## MATINEE MOVIE

Ages 55+

Escape the heat and come hang out with us in the AC! Join us for a matinee movie that will be happening on the second Tuesday of each month. Enjoy popular flicks from the past to the present each month. Popcorn and refreshments will be provided. Minimum: 5, Maximum: 15.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Colchester Recreation Center

A: 7/8	TUE	11:00-1:30 pm	FREE
B: 8/12	TUE	11:00-1:30 pm	FREE

## RSVP BONE BUILDERS

Ages 55+

RSVP Bone Builders, a program of United Way of Northwest Vermont, is a low-impact weight training program designed to prevent and reverse osteoporosis in older men and women. Twice weekly classes have been proven to increase strength, balance, bone density, and reduce risk of falls. Wear comfortable clothing, sturdy shoes and bring a water bottle. PRE-REGISTRATION IS REQUIRED. Minimum: 5, Maximum: 35.

**Instructor:** Certified RSVP Bone Builder

**Location:** Recreation Center, Activity Room 2

7/2-8/29 WED&FRI 10:00-11:00 a.m. FREE  
(Skip: 7/4)

## THURSDAY MORNING WALKING GROUP

Ages 55+

Grab your friends and come enjoy a summer morning walk along the bike path. This is a great way to spend some time with friends exercising and catching up on life or meeting new individuals, making connections with others in the community! This group will meet every week at Bayside Park.

Minimum: 5, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Bayside Park, Near Shuffleboard Courts

A: 7/10	TH	9:30-10:30 am	FREE
B: 7/17	TH	9:30-10:30 am	FREE
C: 7/24	TH	9:30-10:30 am	FREE
D: 7/31	TH	9:30-10:30 am	FREE
E: 8/7	TH	9:30-10:30 am	FREE
F: 8/14	TH	9:30-10:30 am	FREE
G: 8/21	TH	9:30-10:30 am	FREE

## NATIONAL WAFFLE DAY

Ages 55+

It's National Waffle Day! So let's celebrate this day with a waffle breakfast! Stop by to enjoy a fresh hot waffle with your choice of toppings. Pair your waffle with a nice cup of coffee and catch up with friends! Minimum: 5, Maximum: 25.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Recreation Center, Activity Room 1

8/22 FRI 8:00-9:30 a.m. \$3(R)/\$5(NR)

# ACTIVE GENERATION

## STARFISH BUTTON ART

Ages 55+

Add a touch of summer to your home with starfish button art. With a canvas, paint, buttons and some glue, participants will be able to create a beautiful starfish picture. You can even get creative with the colors and sizes of the buttons you use to put your starfish together! Each participant will have their very own unique piece of art to take home and display!

Minimum: 5, Maximum: 15.

**Instructor:** Courtney Graeter

**Location:** Colchester Recreation Center

7/7 MON 2:00-3:15 pm \$10(R)/\$20(NR)

## BAKING CLUB

Ages 55+

Every other week we will get together to put our baking skills to the test! At each meeting, the group will be provided with a recipe and the ingredients needed for the recipe of the day. The group can work together to bake the delicious treats and even enjoy them at the end of the meeting!

Minimum: 7, Maximum: 15.

**Instructor:** Courtney Graeter

**Location:** Colchester Recreation Center

### Double Chocolate Crinkle Cookie

A: 7/12 SAT 1:00-2:30 pm \$20(R)/\$30(NR)

### Lemon Blueberry Bread

B: 7/26 SAT 1:00-2:30 pm \$20(R)/\$30(NR)

### Apple Pie Bars

C: 8/9 SAT 1:00-2:30 pm \$20(R)/\$30(NR)

### Kentucky Butter Cake

D: 8/23 SAT 1:00-2:30 pm \$20(R)/\$30(NR)

## MOSAIC COASTERS

Ages 55+

Come spend your morning with friends making your very own mosaic coasters! Each participant will receive supplies to make four unique mosaic coasters and will be able to take them home. Every time you pick up your coffee, tea or any other drink, you can admire your own artwork!

Minimum: 5, Maximum: 15.

**Instructor:** Courtney Graeter

**Location:** Colchester Recreation Center

7/15 TUE 1:00-2:30 pm \$30(R)/\$40(NR)

## ONE DAY TRIPS - STOWE & CASINO

Ages 55+

**A DAY IN STOWE:** Why not be tourists in our own state for a day? On this day trip, participants will be heading off to spend the day in Stowe, Vermont. We will start the morning off by visiting the Trapp Family Lodge where we will take a tour and learn the history behind the famous Vermont lodge. After our tour, we will have lunch at The Lodge at Von Trapp. On our way back we will make a stop at the Ben and Jerry's Factory for a tour. **AKWASASNE MOHAWK CASINO:** Let's spend the day at the casino! This no-hassle trip is perfect for those that want to visit the Akwasasne Mohawk Casino, but don't want to make the drive on their own. Meet at Bayside Park and hop on our 15 passenger van as we head out to Hogansburg, NY and spend the day at the casino. Your trip to the casino will include \$20 in free credit, an \$18 meal voucher as well as transportation to and from the casino. This trip requires at least 12 participants so grab your friends and register early! Minimum: 6, Maximum: 13.

**Instructor:** Courtney Graeter

**Drop Off/Pick Up:** Colchester Recreation Center

### A DAY IN STOWE

8/18 MON 9:30-4:00 pm \$115(R)/\$135(NR)

### AKWASASNE MOHAWK CASINO

8/19 TUE 8:00-6:00 pm \$40(R)/\$50(NR)

## GAME CLUB

Ages 55+

Grab your friends and come spend the morning playing various board or card games together! Each week will feature a different game. Whether it be Yahtzee, Sequence, Rummikub and more! Minimum: 4, Maximum: 20.

**Instructor:** Colchester Parks & Recreation Staff

**Location:** Colchester Recreation Center

### Sequence

A: 7/11 FRI 1:00-2:30 am FREE

### Yahtzee

B: 7/18 FRI 1:00-2:30 am FREE

### Rummikub

C: 7/25 FRI 1:00-2:30 am FREE

### Left Right Center

D: 8/1 FRI 1:00-2:30 am FREE

### Rack-O

E: 8/8 FRI 1:00-2:30 am FREE

## 2025 FACILITY/PAVILION RENTALS:

**Facility Reservations for the Summer of 2025  
can be made starting:**

**Monday, January 6, 2025 for Residents**

**Tuesday, January 21, 2025 for Non-residents**

**15 Business Day Cancellation Policy**

**\$25 Cancellation Fee**

### **Airport & Bayside Pavilion Fee Charges:**

Resident \$ 100.00

Non-Resident \$ 200.00

In order to receive the resident fee, the individual/group/organization/business must provide proof of residency in Colchester, Vermont, with payment made by the same individual/group/organization/business at time of reservation request. Acceptable documents include: utility bill, tax bill, land line phone bill or any document tied directly to the residence. Failure to provide proof of residency with same payment, will result in Non-Resident fee being applied.

***Pavilion Rental includes picnic tables, charcoal grill, power and covered pavilion space***

## 2025 OPENING DATES:

Skateboard Park

Open May 1

Airport Park Bathrooms

Open May 1

Bayside Park Bathrooms

Open May 1

Pavilion Rentals

May 4 - Sept 29

### ***Athletic Field Usage:***

For more information on renting the Town of Colchester's Athletic Fields contact the Parks & Recreation Department's Assistant Director, Derek Mitchell at 264-5642 or email at [dmitchell@colchestervt.gov](mailto:dmitchell@colchestervt.gov) for fees and availability.



## PLEASE SCOOP Your Pet Poop!

### Here's the Scoop

Besides being unpleasant to the eyes and nose, pet waste is an environmental pollutant that can cause serious harm to waterways and humans that have contact with those waterways. A quick rain is all it takes to transfer dog droppings from the ground into our streams, lakes & rivers.

- A single gram of pet waste contains an average of 23 million fecal coliform bacteria, some of which cause diseases in humans.
- Water that contains high levels of bacteria and other pathogens from animal waste are unfit for human contact.
- As pet waste decays it uses up oxygen that fish and aquatic life need to survive.



### Did you know?

- Pet waste attract fleas, flies and other insects which adds another source from which diseases can be transmitted.
- According to the FDA an average sized dog makes at least one half pound of poop each day. That equals to a half a ton of poop each year from that one dog!
- When you leave your pet's poop on the ground, you violate the Town of Colchester's Code of Ordinances; Chapter 18, Section 18-14.

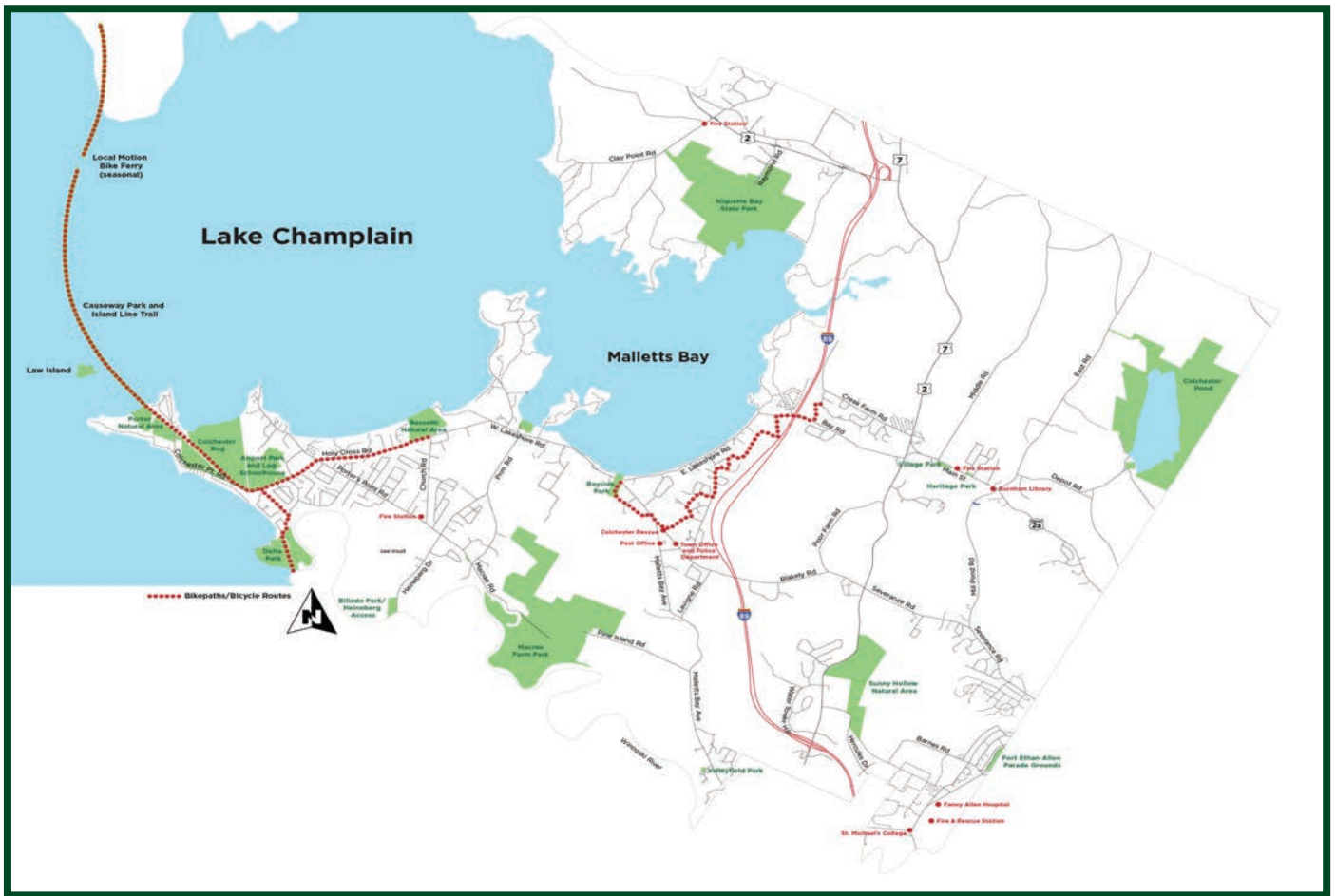
### Helpful Tips

- Make use of the provided 'Scoop the Poop' bag stations located around our beautiful Colchester Parks.
- Bring your own bags. Scoop up the waste and turn the bag inside out and around the waste.
- Dispose of bags (please tie the bags) by bringing them with you or using a trash receptacle. Do not throw bags into the trees or off to the side of the trail. Not only is this littering and unpleasant to look at, poop not disposed of properly can lead to potential health, environmental issues and subject to penalties and costs.
- Teach your children the importance of picking up after your dogs.

**Please be a responsible dog owner by being proactive towards  
keeping our parks, trails and water clean!**



# COLCHESTER PARKS



**AIRPORT PARK:** 500 Colchester Pt. Road, 64.5-acres. 1.3-mile jogging/x-country ski trail, parking, restrooms, picnic area, pavilion, playground, 4 ball fields, 2 soccer fields, 2 sand volleyball courts, 6 pickleball courts, 2 tennis courts, 1 basketball court, and lighted ice skating in the winter.

**BAYSIDE PARK:** 2 West Lakeshore Drive, 22-acres including parking, restrooms, bathhouse (beachside), picnic area, pavilion, playground, swimming beach, Bayside Activity Center, 2 shuffle board courts, 4 tennis/pickleball courts, 1 basketball court, 2 sand volleyball courts, 1 football/lacrosse field, 1 lighted softball field, and a skatepark.

**BONANZA PARK:** Bonanza Drive, .6-acre neighborhood park with limited playground and all-purpose field.

**FORT ETHAN ALLEN PARADE GROUNDS:** Dalton Drive, 19-acres, owned mutually with the Town of Essex. Playground, tennis courts, 2 soccer fields, rugby, gazebo, and walking trail.

**HEINEBERG ACCESS/BILLADO PARK:** Heineberg Drive, 4-acres, Town and State access to Winooski River.

**HERITAGE PARK:** Heritage Drive, 1-acre, parking, playground, tennis court, and basketball court.

**PORTER NATURAL AREA:** Mills Point Rd. 56-acre natural area.

**ROSSETTI NATURAL AREA:** Holy Cross Road, 47-acres of natural area conserving wetland, woods and sand beach.

**SUNNY HOLLOW NATURAL AREA:** Hercules Drive, 80-acre diverse area, 3 miles of walking, mountain biking and x-country trails, limited parking.

**VALLEYFIELD PARK:** Valleyfield Drive, .65-acre neighborhood park with limited playground and all-purpose field.

**VILLAGE PARK:** Behind Colchester Water District Building, Main Street. 66-acres, primitive park with a trail network that is just under a mile.

# 2025 REGISTRATION FORM

One form can be used  
for all family members  
that live in the same  
household.

Participant's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Parent's Last Name (if participant under 18): \_\_\_\_\_ First Name: \_\_\_\_\_ Parent's DOB(required): \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Cell Provider (for text updates - optional): \_\_\_\_\_

Emergency Contact (other than parent): \_\_\_\_\_ Relationship: \_\_\_\_\_ Telephone: \_\_\_\_\_

Please list any special needs which will require accommodation for participation: \_\_\_\_\_

Please list any allergies (food, insect, plant, or medications): \_\_\_\_\_

PARTICIPANT NAME	GENDER	DOB M/D/Y	ENTERING GRADE	PROGRAM NAME	SESSION LETTER (A/B/C) (if applicable)	CLASS FEE
Total Amount Due:						\$

## PAYMENT METHOD (CHECK ONE):

☐ Check (payable to Colchester Parks & Recreation) ☐ Cash ☐ Credit Card (Visa, Mastercard, Discover Accepted)

Credit Card #: \_\_\_\_\_ Exp: \_\_\_\_\_ Security Code: \_\_\_\_\_ Zip of Cardholder: \_\_\_\_\_

Registrations can be made as soon as you receive this brochure. Participants may continue to register for programs until they are full. We do our best to accommodate those with special needs. With few exceptions, our parks and facilities comply with the Americans with Disabilities Act. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program, but are not sure about the accessibility of a facility or wish to discuss program details, please call the Recreation Department and ask us about specifics. Classes that do not have the minimum number of registrations may be cancelled. Registrants will be notified by mail or phone and will receive a full refund. Refunds will not be given once a class begins, and are available up to 10 business days prior to the start of the program. A **\$25.00 administrative fee** will be charged when a refund is requested. By participating in the Town of Colchester Recreation programs, participants may be photographed for future publicity or recognition of events. By signing up for the programs you willingly signed a waiver that grants the Colchester Recreation Department permission to use your photograph to promote their programs. Pictures taken in specific programs may be used for up to 10 years. Non-residents may register for any program offered, on a space available basis, beginning on February 7, 2025.

## Town of Colchester Release and Indemnity Agreement

Whereas, the undersigned has requested the use of services, equipment, or facilities belonging to or under the auspices of the Town of Colchester, Vermont, and to engage in activities for the executive benefit of the undersigned: and Whereas, the Town of Colchester does not wish to be liable for any damages arising from personal injury or property damage sustained thereby:

Now therefore, in consideration of the mutual promises and other good and valuable consideration, the undersigned does hereby for themselves, their heirs, executor, employers, successors or administrators, and personal representatives;

A. Assume full responsibility for any personal injury or any damage to his/her personal property which may occur directly or indirectly in the course of participating in rec. activities B. Fully and forever release and discharge the Town of Colchester, its agents, officials, and employees, from any and all claims, demands, damages, rights or action, or causes of action, present or future, whether the same be known, an anticipated or unanticipated, resulting from or arising out of the above described activity. C. Agree that it is the intent of the undersigned that this release and indemnity agreement shall be in full force & effect any time after the execution hereof.

Name of Participant: \_\_\_\_\_

Signature (of parent or guardian under 18): \_\_\_\_\_

Date of Signature: \_\_\_\_\_

## FOUR SIMPLE WAYS TO REGISTER...

<b>► Online</b> <b>Log onto</b> <b>colchestervt.gov/Recreation</b> <b>and register for classes! Major</b> <b>credit card and family sign in/</b> <b>password will be needed.</b>	<b>► Fax in</b> <b>(802)264-5647</b> <b>Complete the registration</b> <b>form including your credit</b> <b>card information on the form.</b> <b>Incomplete forms will not be</b> <b>processed.</b>	<b>► Mail in</b> <b>completed registration form</b> <b>with payment to:</b> <b>Colchester Parks &amp;</b> <b>Recreation</b> <b>80 Dick Mazza Drive</b> <b>Colchester, VT 05446</b>	<b>► Drop by the office</b> <b>Monday - Friday</b> <b>8:00 a.m. -</b> <b>4:30 p.m.</b> <b>80 Dick Mazza Drive</b> <b>Colchester, VT</b> <b>05446</b>
---	--	--	--

## PICKLEBALL SKILLS LEVELS

We use the USA Pickleball Skill Levels for our ratings

For a Skills Assessment Sheet log onto our website and go to our pickleball page which is located under the Recreation Center tab.

### Level 1.0 - 2.0

- This player is just starting to play pickleball and has no other sports background. Minimal understanding of rules of the game.

### Level 2.5

- This player has limited experience. Can sustain a short rally with players of equal ability. Basic ability to keep score.

### Level 3.0

- FOREHAND: Ability to hit a medium paced shot. Lacks directional intent and consistency.
- BACKHAND: Avoids using a backhand. Lacks directional intent and consistency
- SERVE / RETURN: Able to hit a medium paced shot. Lacks depth, direction, and consistency.
- DINK: Not able to consistently sustain a dink rally. Not yet developed the ability to control this shot.
- 3RD SHOT: Generally hits a medium paced ball with little direction.
- VOLLEY: Able to hit a medium paced shot. Lacks direction/inconsistent.

### Level 3.5

- FOREHAND: Improved stroke development with moderate level of shot control.
- BACKHAND: Learning stroke form and starting to develop consistency but will avoid if possible.
- SERVE / RETURN: Consistently gets serve/return in play with limited ability to control depth.
- DINK: Increased consistency, with limited ability to control height/depth. Sustains medium length rallies. Starting to understand variations of pace.
- 3RD SHOT: Developing the drop shot in a way to get to the net.
- VOLLEY: Is able to volley medium paced shots thereby developing control.

### Level 5.0

- FOREHAND | BACKHAND | SERVE / RETURN:
- Hits all shot types at a high level of ability from both the forehand and backhand sides including: touch, spin, and pace with control to set up offensive situations. Has developed good touch from all court positions. Has developed a very high level of variety, depth, and pace of serves.
- DINK: Mastered the dink and drop shots. Ability to move opponents with shot placements. Exhibits patience during rallies with the ability to create an opportunity to attack utilizing the dink. Increased ability to change the pace of dinks strategically.
- 3RD SHOT: Mastered the 3rd shot choices and strategies to create opportunities for winning points. Able to drop and drive ball from both the forehand and backhand side with high level of consistency.
- VOLLEY: Able to block hard volleys directed at them and consistently drop them into the NVZ. Places overheads with ease for winners. Able to volley shots toward opponents feet consistently. Comfortable with swinging volley in both initiating and ability to attack back or neutralize return.

### Level 4.0

- FOREHAND: Consistently hits with depth and control. Is still perfecting shot selection and timing.
- BACKHAND: Has improved stroke mechanics and has moderate success at hitting a backhand consistently.
- SERVE / RETURN: Places a high majority of serves/returns with varying depth and speed.
- DINK: Increased consistency with moderate ability to control height/depth. May end dink rally too soon due to lack of patience. Is beginning to understand difference between attackable balls and those that are not.
- 3RD SHOT: Selectively mixing up soft shots with power shots to create an advantage with inconsistent results.
- VOLLEY: Able to volley a variety of shots at different speeds. Is developing consistency and control. Starting to understand the block/re-set volley.

### Level 4.5

- FOREHAND: High level of consistency. Uses pace and depth to generate opponents' error or set up next shot.
- BACKHAND: Can effectively direct the ball with varying depth and paces with good consistency.
- SERVE / RETURN: Serves with power, accuracy, and depth and can also vary the speed and spin of the serve.
- DINK: Ability to place ball with high success at changing shot types while playing both consistently and with offensive intent. Recognizes and attempts to hit attackable dinks.
- 3RD SHOT: Consistently executes effective 3rd shot strategies that are not easily returned for advantage. Able to intentionally and consistently place the ball.
- VOLLEY: Able to block hard volleys directed at them and can consistently drop them into the NVZ. Comfortable hitting swinging volleys. Hits overhead shots consistently, often as putaways.