

For the Week of June 2, 2025

Colchester Causeway 5K & 10K Race

Colchester's Causeway 5K & 10K is this **Saturday, June 7!** For interested participants who have not signed up, there are still spots in the 10K race available.

Visit this link to secure your spot:

<https://runsignup.com/Race/VT/Colchester/ColchesterCauseway5K10K15KRunningRace>

The event will begin and end at Airport Park. Runners must be 12 years or older to enter the 10K race.

Please join us for this annual event! Proceeds from the race will go towards the maintenance and improvements of the Causeway for future generations.

More information can be found here:

<https://colchestervt.gov/358/Causeway-5K-10K-Race>



Clay Point Road & U.S. Route 2 Safety Update

Over the past few years, the Town has been advocating for and implementing safety improvements at the intersection of Clay Point Road and U.S. Route 2. Read about the history of this project here:

https://clerkshq.com/Content/Attachments/Colchester-vt/info250513_c4.pdf?clientSite=Colchester-vt

On April 3, 2025, the Chittenden County Regional Planning Commission (CCRPC) held a meeting at Colchester Town Hall regarding potential safety improvements at the intersection.

This meeting is the beginning of CCRPC's scoping study of the area, a project that will involve a comprehensive review of the traffic corridor to determine the best long-term solutions for improving safety.



Various members of the public shared their concerns about the current conditions at the intersection. In order to make meaningful safety changes at this intersection, it is imperative to continue to hear from the public. We appreciate everyone who has made their voices heard throughout this process.

The next steps in CCRPC's scoping study will involve additional public input meetings and evaluating possible long-term safety improvements.

For more details on the scoping study, visit CCRPC's project page: <https://www.ccrpcvt.org/our-work/transportation/current-projects/scoping/us-2-clay-point-road-intersection-scoping-study/>

Essex Community Justice Center: April Newsletter



The Essex Community Justice Center (ECJC) works with many Chittenden County municipalities and police forces (including the Colchester Police Department) to provide restorative justice to the community. The goal of restorative justice is to give an alternative route for cases, rather than prosecution and the traditional criminal legal system.

ECJC does this by allowing law enforcement officials to refer low-level offenders to their pre-charge program where offenders will appear in front of panels comprised of community members to be held accountable for their actions.

ECJC's April Newsletter gives an update on the statistics from their Restorative Justice Panels as well as information from volunteers on ECJC's panels.

This newsletter serves to update residents in the communities served by the ECJC as well as shine a light on the staff and volunteers who make community justice in our area a reality.

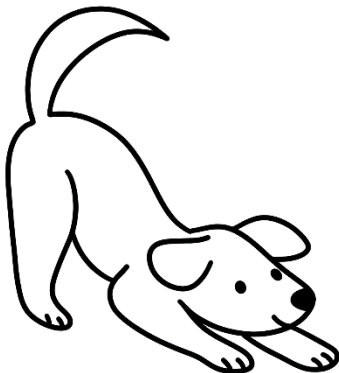
Read ECJC's April Newsletter:

https://www.canva.com/design/DAGDd98MKq4/wQDI_8BB8h_h7Q_x50xAsA/edit

Learn more about community justice in our Town:

https://clerkshq.com/Content/Attachments/Colchester-vt/info250408_c2.pdf?clientSite=Colchester-vt

Keeping our Parks and Paths Clean – Please Pick Up After Your Dog



Colchester is home to many parks and trails that people enjoy with their dogs. Niquette Bay, Airport Park, Colchester Pond, and many others are popular locations for dog walks.

While we love seeing our furry residents around Town, we do not love to see dog waste left behind. Not only is it unsightly, but dog waste can spread a handful of diseases to the environment including Tapeworm, Giardia, Hookworm, MRSA, Rabies, Salmonella, and many more.

Additionally, we have noticed an increase in bagged dog waste left behind in our parks. Please remember to take the bag with you when you use it. Dog waste wrapped in plastic is also harmful to our environment.

We care deeply about keeping our parks and paths clean so they can be enjoyed by all. Thank you for being a responsible pet owner and cleaning up after your dog!

Department Updates

Youth and Adult Programs at Parks & Recreation

Youth Programs

Parent & Me Open Gym (Sundays, 9:00 – 10:00 AM) Come and join us for our playgroup for parents with young children. This program is designed for parents and their young children to engage in physical activities in a safe and fun environment. This is a great opportunity for families to connect with other families with children of similar age. Ages 9 to 24 months hosted in Gym A and 2 to 4 years old in Gym B.



Tiny Tumblers (Saturday, June 28 9:30-11:00 AM, Ages 3-5) This parent-child class is designed for children to develop balance, gross motor skills, and peer socialization skills through games, music, and obstacle courses.

Adult Programs

Move Freely: Improving Spinal Mobility (Thursday, June 6 at 2:00 PM CRC- Activity Room) Improve your spinal health and well-being in this hands-on workshop! We'll delve into the importance of spinal mobility and practical strategies for spinal hygiene. You'll learn how to assess and adjust your posture throughout the day, and discover simple yet effective spinal mobility exercises. We'll provide you with a ready-to-use morning mobility routine to help you cultivate a more flexible and resilient spine. Speaker, Eniel Rolon (Mahoney Chiropractic Group)

Matinee Movie (Tuesday, June 10 at 11:00 AM) Come join us at the Colchester Recreation Center for a matinee movie! This month we will be watching Nonnas featuring Vince Vaughn, Susan Sarandon, Lorraine Bracco and more! Popcorn, candy and refreshments will be provided.

Summer Mahjong (Thursday June 26, at 11:00 AM) Have you ever played Mahjong or would like to learn more about this intense, but exciting game? Mahjong is a tile-based game that was developed in 19th century China and is played in groups of four. Feel free to sign up for just one or all of the sessions! We provide two sets of tiles, but participants are more than welcome to bring their own!

Balance (Tuesdays, June 17-July 29 at 10:00 AM) This program is designed for Active Agers to improve stability, coordination, and confidence to help prevent falls and maintain independence. It typically includes gentle exercises to strengthen legs, improve coordination, and stabilize core stability. The program focuses on safe, low-impact activities tailored to individual abilities and

incorporates equipment like TRX straps, steppers, balance sticks, and resistance bands for added support. Regular participation can enhance posture, mobility, and overall well-being.

Community Rock Painting (Monday, June 30 at 1:00 PM) Come spend an early afternoon painting a collection of rocks to place around the community and bring joy to those who find them! Paint words of encouragement, beautiful scenery or special designs on individual rocks. Once they are dry, they will be placed in various areas throughout Colchester.

For more information visit: <https://colchestervt.gov/333/Parks-Recreation>

Upcoming Town Meetings & Agendas

Selectboard Meeting: Tuesday, June 10, 6:30 p.m. at the Colchester Town Offices, 3rd Floor Outer Bay Conference Room, 781 Blakely Road. Residents are welcome to attend the meeting. Alternatively, send a note, up to 1,000 words, to TownManager@colchestervt.gov with “Citizens to be Heard” in the Subject and your name. As with in-person Citizens to be Heard, we ask that you SHARE YOUR ADDRESS. The email will be shared with the entire Selectboard prior to the meeting and included in the information packet at the next meeting.

- Watch the Meeting Online via Live Stream: <http://lcatv.org/live-stream-2>
- Agenda: www.bit.ly/Colchester-SB-Agendas

Planning Commission: Tuesday, June 3, 7:00 p.m. at the Colchester Town Offices, 3rd Floor Outer Bay Conference Room, 781 Blakely Road. Agenda: <https://clerkshq.com/Colchester-vt?docid=PLANAGENDA>

Recreation Advisory Board: Wednesday, June 11, 7:00 a.m. at the Colchester Recreation Center, 80 Dick Mazza Drive. Agenda: <https://clerkshq.com/Colchester-vt?docId=RecAdv&path=BOARDS%2CRecAdv%2C>

Development Review Board: Wednesday, June 11, 7:00 p.m. at the Colchester Town Offices, 3rd Floor Outer Bay Conference Room, 781 Blakely Road. Residents are welcome to attend the meeting or public comments can be submitted prior to the hearing by email to zmaia@colchestervt.gov or by mail to Town of Colchester, c/o Development Review Board, 781 Blakely Road, Colchester, VT 05446. Agenda: https://clerkshq.com/Colchester-vt?docid=DRBAGENDA&path=DRB%2CDRB_Agendas%2CDRBAGENDA%2C

Library Board of Trustees: Thursday, June 12, 4:00 p.m., in the Burnham Room of the Burnham Memorial Library. Agenda: <https://clerkshq.com/Colchester-vt?docId=LibBoard&path=BOARDS%2CLibBoard%2C>

Colchester Conservation Commission: Next meeting date to be determined.
https://clerkshq.com/Content/Colchester-vt/Boards/ConservCommsn.htm#_CPA1



Colchester – What do you want to do today?

Subscribe to the Town Newsletter: <https://lp.constantcontactpages.com/su/jkMAO2v>

For more information or to comment, call 802-264-5509 or email townmanager@colchestervt.gov